

Building Communities of Recovery

Mike Tyson, CPRS, BS
Executive Director @ Take Action Today

A little bit about me



Husband
Father
Grad Student

Person in Long-term Recovery
Certified Peer Recovery Specialist
Executive Director of Take Action
Today Inc



A little bit about us

- Fall 2019 - Began as an all-volunteer Community Action Group
- Spring 2020 - Incorporated
- Fall 2021 - Hired first full-time staff and opened J City Center for Hope and Renewal



A little bit about us

Vision:

Create a vibrant, grassroots recovery community that fosters long-term recovery in the lives of those at risk of/or experiencing substance use and/or homelessness.

Mission:

Take Action Today provides peer-based recovery support services to people seeking recovery from lifestyles of substance use and/or homelessness.



A little bit about us

Current Capacity

- 15 full-time staff
- 4 Certified Peer Recovery Specialists
- 3 Resource Centers
- 2 Program Offices

Direct Service Area

Franklin, Jackson, Jefferson, Perry, and Williamson County



What is an RCO

An RCO is an independent 501c3 organization that is organized and led by people with direct lived experience recovering from substance use.

What we do

Peer Support

Education

Advocacy

What does Recovery mean?

A process of change through which individuals improve their health and wellness, live a self-directed life and strive to reach their full potential.

- Health
- Home
- Purpose
- Community

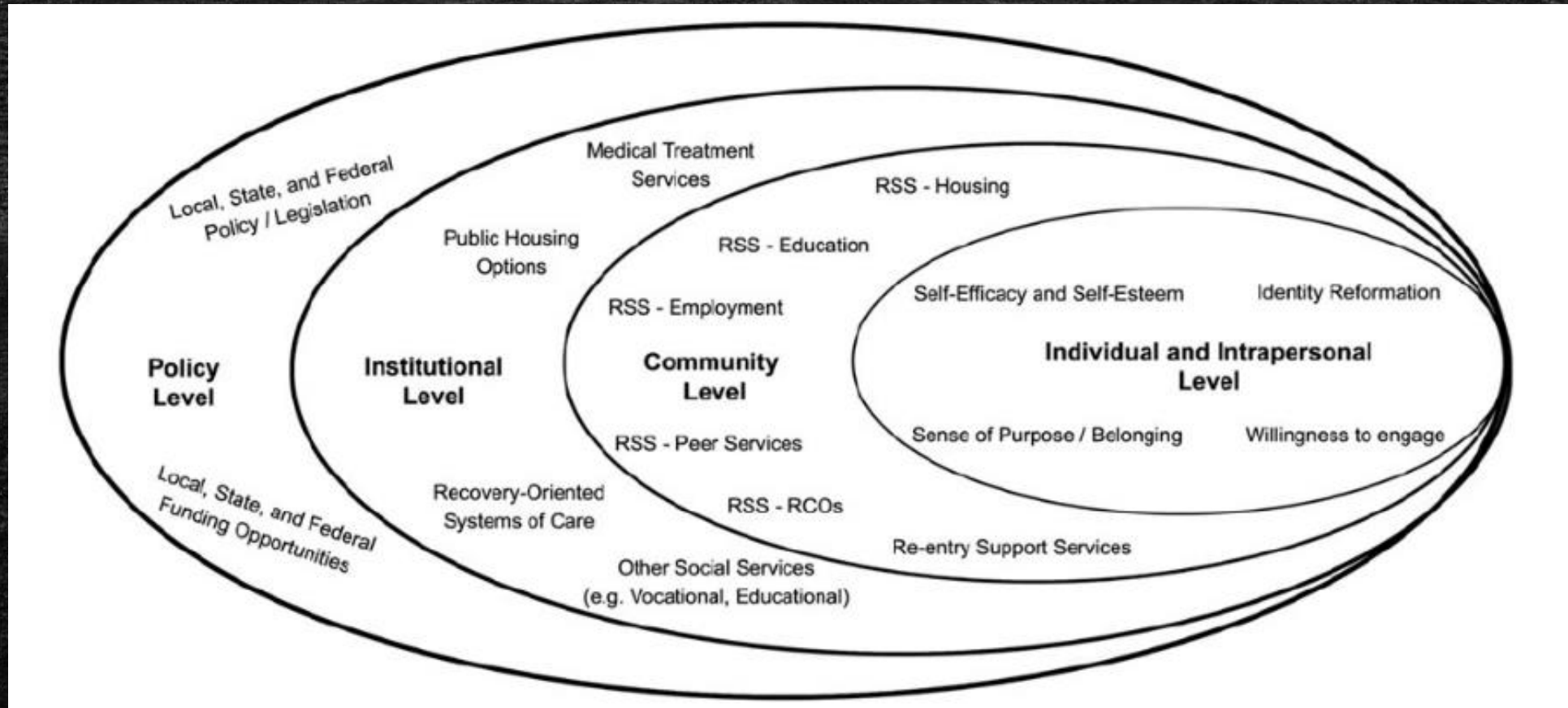
What is a “Recovery Ready” system or community?

- Recovery is the expectation, not the exception.
- Built on principles of inclusivity, support, and collaboration, with the goal of reducing the stigma and barriers.
- Creates a culture of support and understanding.

What is a “Recovery Ready” system or community?

Recovery Ready systems/communities prioritize the creation of recovery-friendly workplaces, schools, and community spaces, which provide social engagement, employment opportunities, and other support to individuals in recovery. By building a community that is safe, supportive, and welcoming to individuals in recovery from substance use, we can help break down the barriers to recovery and encourage people to seek and maintain long-term recovery.

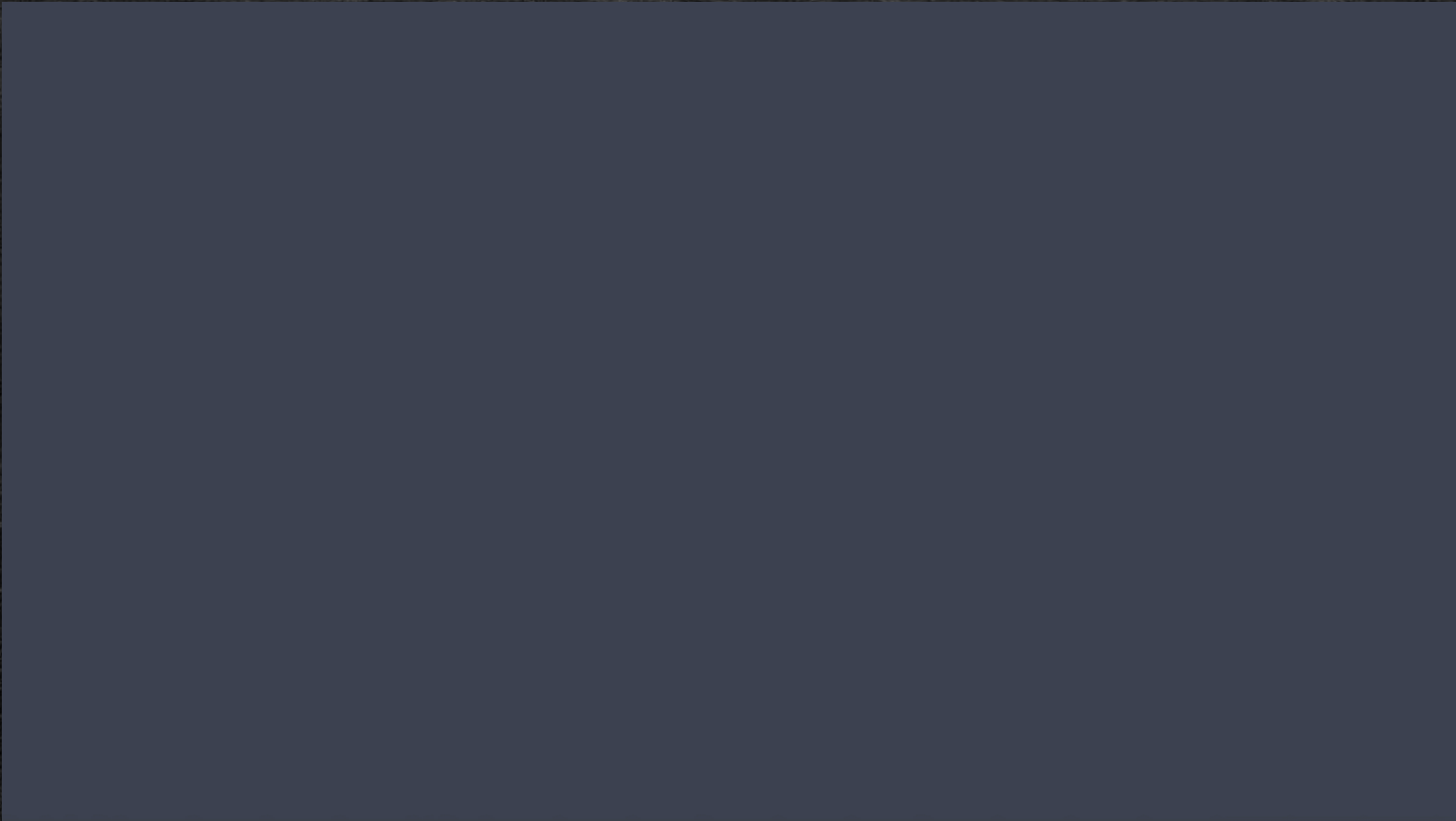
Recovery Ready Ecosystem



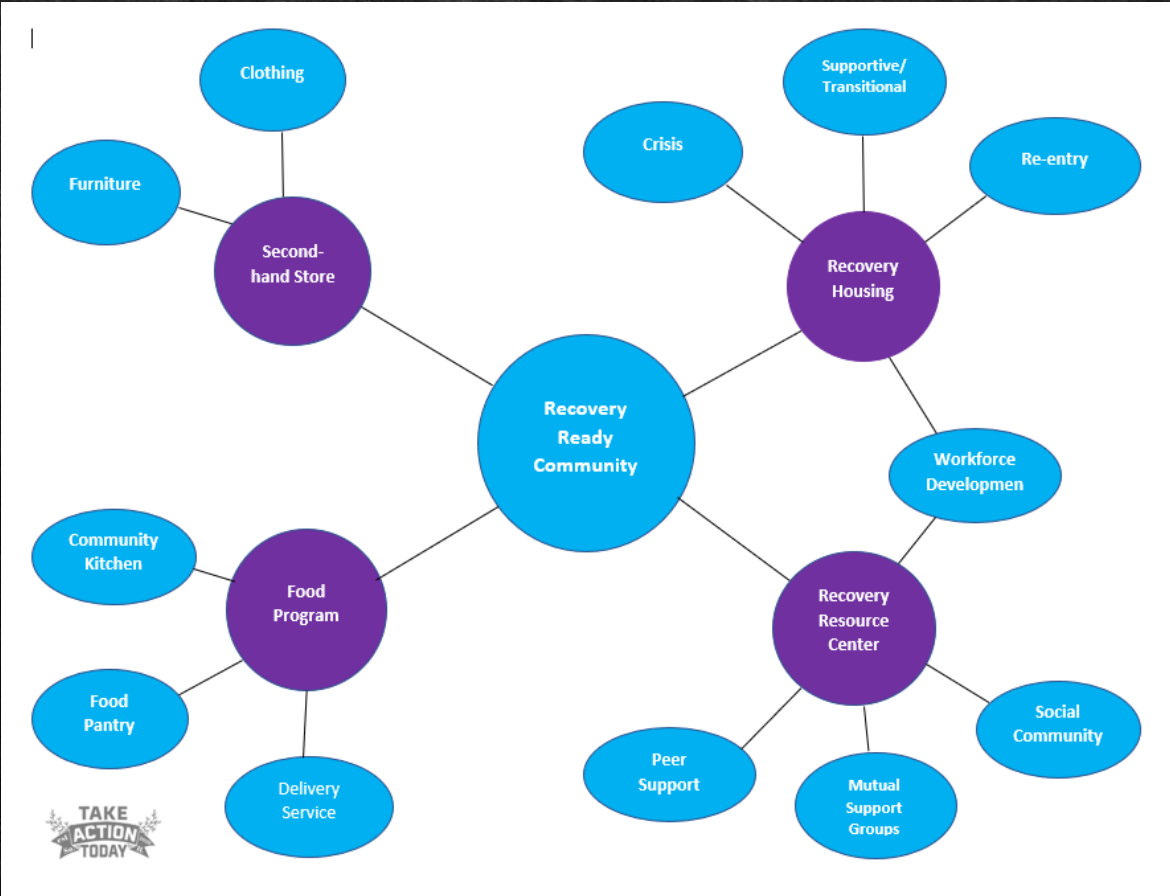
Recovery Ready Community



What is Recovery Capital?

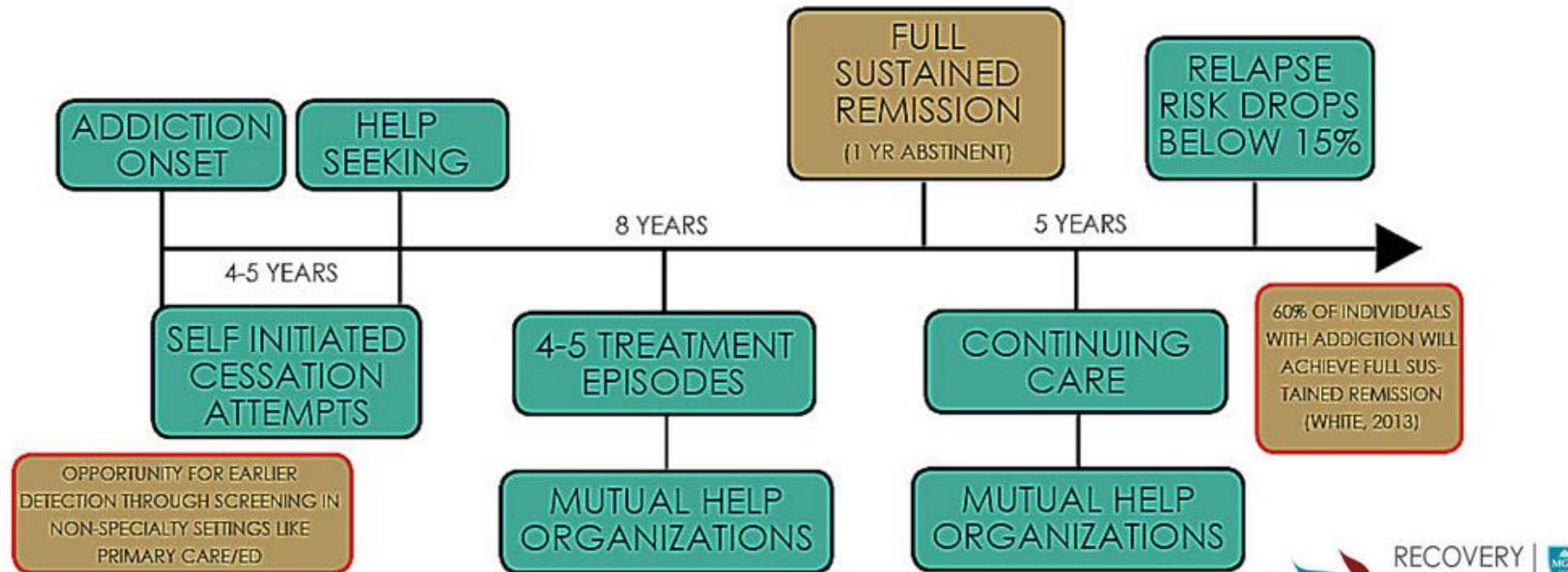


Recovery Ready Community



Why do we do these things?

SUBSTANCE USE DISORDER COURSE OF RECOVERY



References

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- SAMSHA. (2012) What's Recovery? SAMHSA's Working Definition
- Peer Recovery Center of Excellence (2022) What is a recovery-oriented system of care?
- Peer Recovery Center of Excellence (2022) What is recovery capital?
- Recovery Research Institute (n.d.) Substance Use Disorder Course of Recovery Timeline

