

Journeyworks Materials List

The Illinois Tobacco Quitline has tobacco cessation pamphlets that were purchased through Journeyworks to better assist clients who are looking to quit any form of tobacco. The Illinois Tobacco Quitline Outreach Team has compiled a list of materials that are ready to order with the Illinois Tobacco Quitline logo for different populations. If you are interested in ordering any of these materials, please e-mail Marilyn Felix, Health Promotions Specialist, at Marilyn.Felix@Lung.org.

Pregnant Women:

- [Vaping and Pregnancy](#): available in English and Spanish
- [10 Best Reasons Not to Smoke While You're Pregnant](#): available in English and Spanish
- [Pregnancy and Secondhand Smoke](#): available in English and Spanish

Teens and Adults Who Use E-cigarettes/Vapes:

- [How To Quit Vaping](#): available in English
- [E-cigarettes: 8 Things Everyone Should Know](#): available English and Spanish
- [Tobacco Jokes and Riddles](#): available in English

LGBTQ:

- [LGBTQ Community and Tobacco: What You Need To Know](#): available in English

Low Socioeconomic Status:

- [Tobacco and Depression](#): available in English
- [The Health Consequences of Smoking](#): available in English and Spanish
- [The Health Consequences of Spit Tobacco](#): available in English
- [Relapse happens: 10 Tips to Quit Smoking Again](#): available in English