

Community Partnerships: Addressing Social Determinants of Health Together

Angie Bailey, MPH, M.S.Ed., CHES, System Director for Community Health
Sarah Gray, MBA, MHA, System Director for Business and Economic Development

May 24, 2022

ICAHN Spring Member Meeting

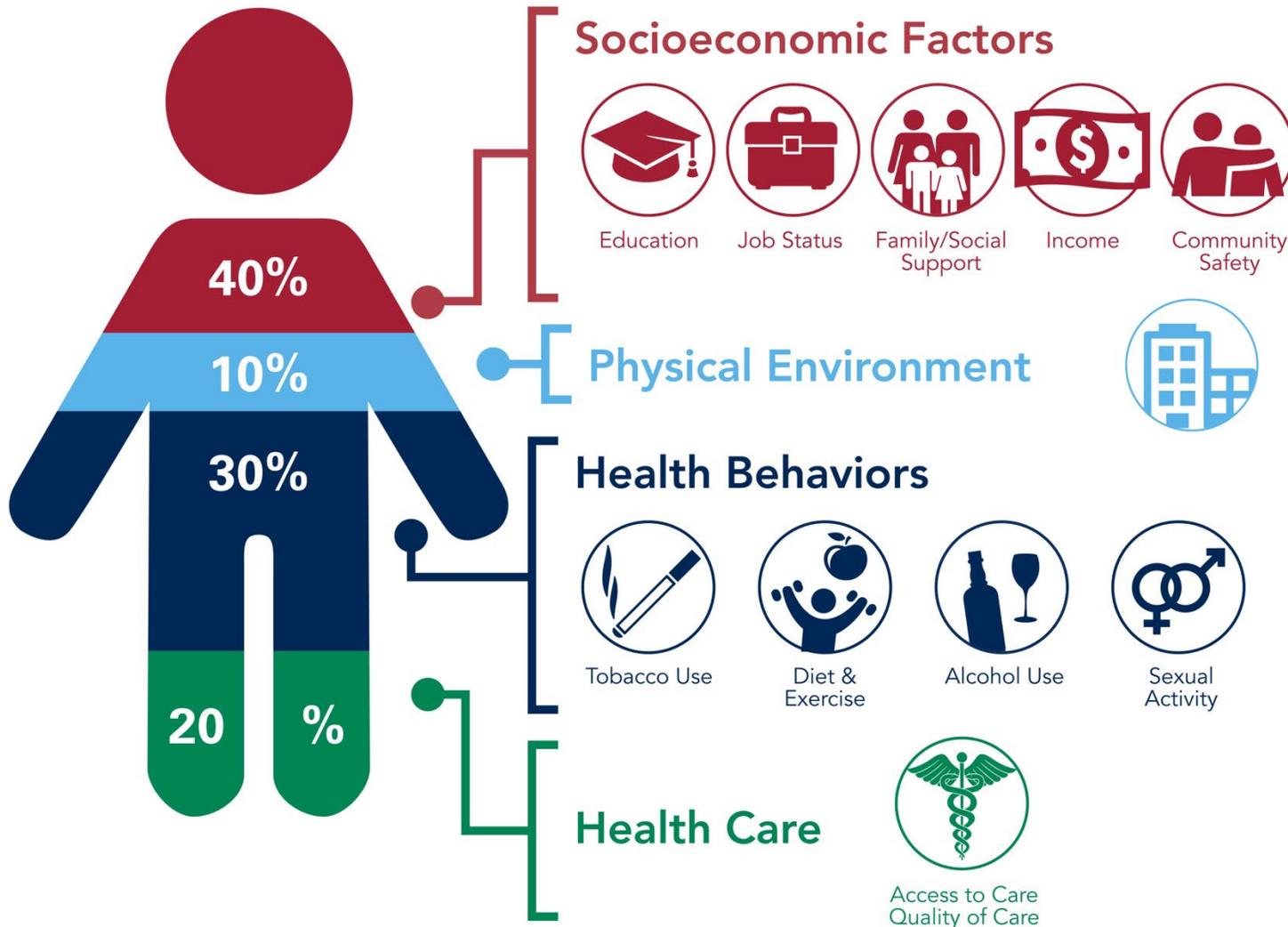


Objectives:

- Overview of the Social Determinants of Health
- Highlight two ways SIH staff and community partners are collaborating to address the SDOH
- Share high level overview of additional efforts and future plans

IMPACT OF SOCIAL DETERMINANTS OF HEALTH

Social determinants of health have tremendous affect on an individual's health regardless of age, race, or ethnicity.



SDoH Impact

- ➔ 20% of a person's health and well-being is related to **access to care** and **quality of services**
- ➔ The **physical environment, social determinants** and **behavioral factors** drive **80%** of health outcomes

IMPACT OF SOCIAL DETERMINANTS OF HEALTH

Social determinants of health have tremendous affect on an individual's health regardless of age, race, or ethnicity.

Economic Stability:

- » Employment
- » Income
- » Expenses
- » Debt
- » Medical Bills
- » Support

Neighborhood & Physical Environment:

- » Housing
- » Transportation
- » Safety
- » Parks
- » Playgrounds
- » Walkability

Education:

- » Literacy
- » Language
- » Higher Education
- » Vocational Training
- » Early Childhood Education

Food:

- » Hunger
- » Access to Healthy Options

Community & Social Context:

- » Social Integration
- » Community Engagement
- » Support Systems
- » Discrimination

Health Care Systems:

- » Health Coverage
- » Provider Availability
- » Provider Linguistic & Cultural Competency
- » Quality of Care

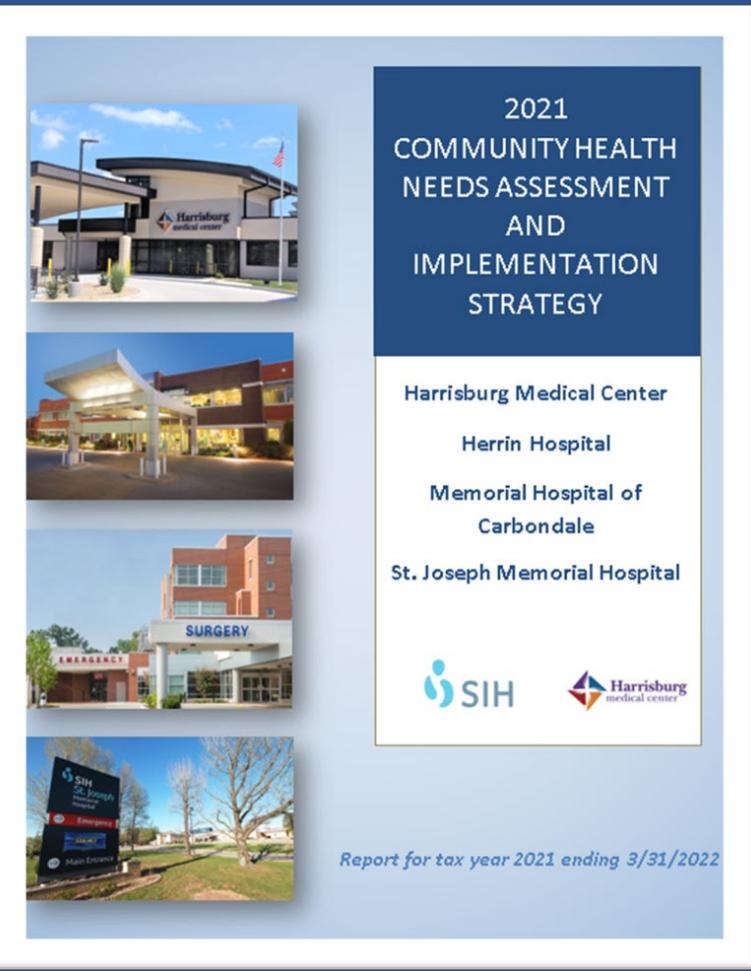
Health Outcomes:

- » Mortality
- » Life Expectancy
- » Health Care Expenditures
- » Health Status
- » Functional Limitations



Advancing Health in America

2022-2025 Priority Health Issues Chosen: (2021 SIH CHNA)



2021
COMMUNITY HEALTH
NEEDS ASSESSMENT
AND
IMPLEMENTATION
STRATEGY

Harrisburg Medical Center
Herrin Hospital
Memorial Hospital of
Carbondale
St. Joseph Memorial Hospital

SIH Harrisburg
medical center

Report for tax year 2021 ending 3/31/2022

- Social Determinants of Health (Access to Care, Hunger/Food Access, Housing, Poverty)
- Behavioral Health (Mental Health and Substance Misuse)
- Chronic Disease Prevention, Management and Treatment

Increasing Focus on Social Determinants of Health & Health Equity

Economic / Financial Barriers	Geographical Barriers	Food Insecurity
Rural areas experience limited resources and economic opportunity.	Transportation continues to be a significant barrier for the region's residents in accessing needed care.	Southern Illinois has an overall food insecurity rate of 14.5% (4% higher than national average)
The organization has provided \$139,864,863 in community benefits in the last year, \$132,528,562 of which were unreimbursed services.	The Community Benefits Non-Emergency Medical Transportation initiative has decreased cancelled and no-show appointments at SIH clinics for eligible patients in need.	Grant funding has been used to distribute meals to minority and food insecure children in our service area, provided new freezers to local food pantries and funded a regional food security summit.
The partnership between Community Benefits and Land of Lincoln Legal Aid assist low-income patients in addressing health harming legal needs such as Social Security Disability denials and Medicaid denials.	Fund Development has raised \$5.3 million to date to help build the Cancer Institute for our region and is preparing for "Hope is Home 2" to expand the Cancer Institute so that our patients do not have to leave the region to receive exceptional care.	Community Benefits worked with partners to organize the region's 81 food pantries into the Southern Illinois Food Pantry Network (SIFPN) in a targeted, community-based approach to reduce hunger in Southern Illinois.
The Community Benefits Health Leads program assists SIH patients by connecting them to community resources, including financial assistance.	The RHCC has conducted pop up outreach vaccination clinics across our region and administered 10,841 vaccinations to date.	Community Benefits continues to raise awareness of SNAP and WIC benefits, with programs of note such as the SNAP double value transactions at local Farmers Markets.
The goal of SI NOW is to catalyze economic development, business expansion, and workforce development, to improve the financial burdens faced by the residents of Southern Illinois.	Grant funding has provided the resources for SIH to mobilize COVID testing and a Wellness on Wheels mobile unit to bring medical care and screenings into disparate communities	Community Benefits implements CATCH with grant funding to conduct outreach and education in 80 of the 102 region's elementary schools, including nutrition education.

Snapshot of the SIH Service Area

Greater than 92.9% of SIH inpatient hospital visits and 96.3% of outpatient visits to the four hospitals are made by residents of these eleven counties.

Source: 2020 Hospital Industry Data Institute and Strata DSS,CompData.

	Population	HS Graduate Rate	Students Eligible for Free or Reduced Lunch Program	Persons in Poverty	Median Family Income
Franklin	38,469	82.2%	54.6%	16.4%	\$54,533
Gallatin	4,828	95.1%	62.1%	19.0%	\$55,677
Hardin	3,821	95.8%	68.7%	18.0%	\$67,702
Jackson	56,750	85.3%	70.6%	25.4%	\$59,480
Johnson	12,417	94.3%	51.9%	12.9%	\$63,421
Perry	20,916	92.5%	48.9%	14.4%	\$64,574
Pope	4,177	85.7%	61.2%	16.9%	\$64,226
Saline	23,491	87.6%	58.8%	15.7%	\$54,492
Union	16,653	85.3%	57.2%	17.2%	\$61,026
White	13,537	92.9%	55.3%	14.5%	\$61,134
Williamson	66,597	84.8%	51.1%	13.4%	\$66,949

Illinois	12,671,821	89.2%	48.7%	11.5%	\$83,279
US	328,239,523	86%	49.5%	10.5%	\$77,263

2022 County Health Rankings

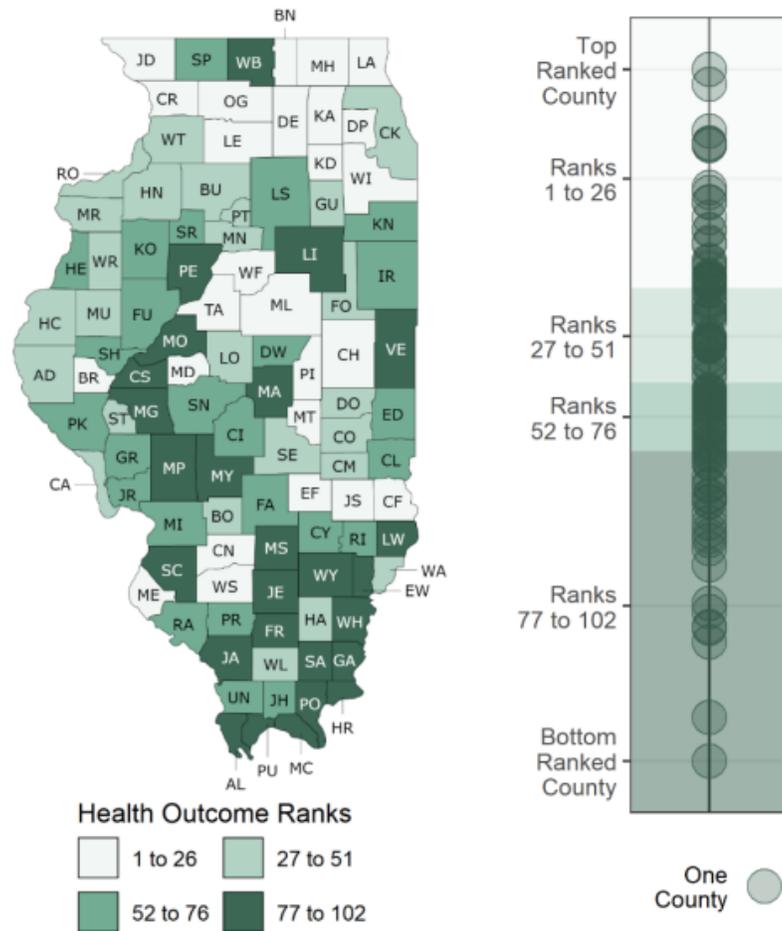


Figure 1. Health outcome ranks displayed using quartiles (map) and underlying health outcome scores (chart)

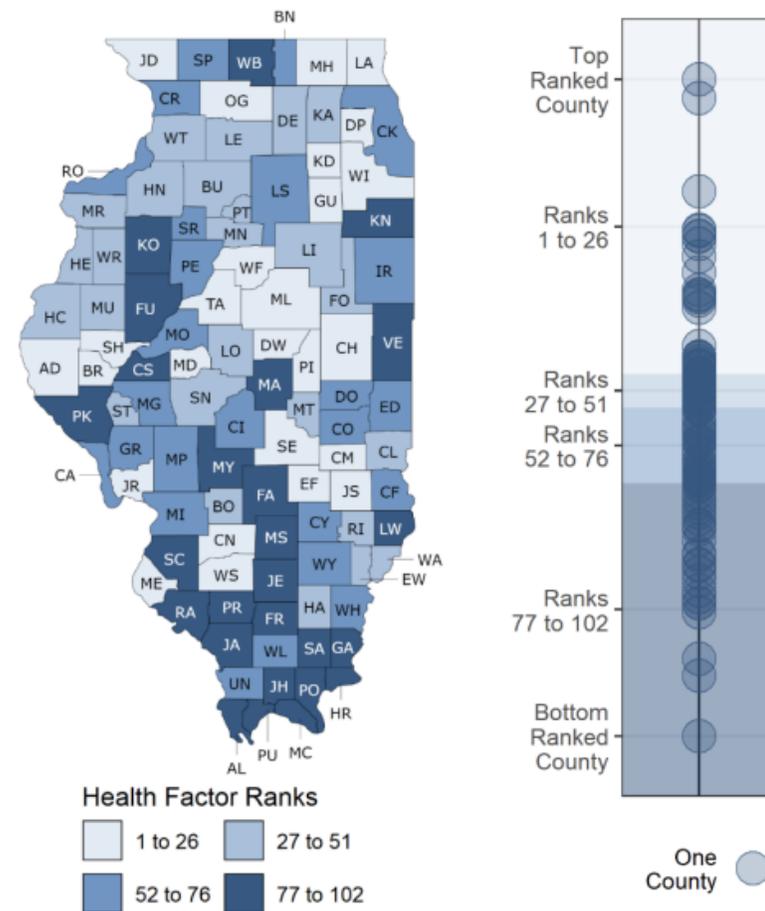


Figure 2. Health factor ranks displayed using quartiles (map) and underlying health factor scores (chart)

Key Economic Indicators for SI Now 17-County Region

- Total labor force has decreased by 17% from 2006 to 2020; contributing factors include an aging population and overall population loss
- 53% labor force participation rate compared to 65% in state of Illinois
- 17.8% poverty rate compared to 12.5% in state of Illinois
- Per capita personal income is only 72% of that of the U.S. average

SIH and Economic Development

- Why focus on economic development?

- Mission-driven: Improve health and well-being
- As much as 50% of a patient’s health can be attributed to non-clinical factors, such as social, economic, and physical environment
- Opportunity for health systems to set long-term strategies centered around the root causes of social determinants of health, including economic conditions, to improve patients’ health and well being

 Economic Stability	 Neighborhood and Physical Environment	 Education	 Food	 Community and Social Context	 Health Care System
<ul style="list-style-type: none"> • Employment • Income • Expenses • Debt • Medical bills • Support 	<ul style="list-style-type: none"> • Housing • Transportation • Safety • Parks • Playgrounds • Walkability 	<ul style="list-style-type: none"> • Literacy • Language • Early childhood education • Vocational training • Higher education 	<ul style="list-style-type: none"> • Hunger • Access to healthy options 	<ul style="list-style-type: none"> • Social integration • Support systems • Community engagement • Discrimination 	<ul style="list-style-type: none"> • Health coverage • Provider availability • Provider bias • Provider cultural and linguistic competency • Quality of care



Advisory Board: Social Determinants of Health: Non-clinical factors that shape health. May 2020.

Estimates of the economic benefits of SIH hospitals and SIH Medical Group practices were based on Regional Input-Output Modeling System II (RIMS-II) developed by the U.S. Bureau of Economic Analysis (BEA). The Final Demand Multipliers, obtained from BEA RIM<S II, were applied to the 2017/2018 Medicare cost report of data of hospital jobs and spending to obtain the "ripple effect" of jobs and spending throughout the economy.

Overview of SI Now

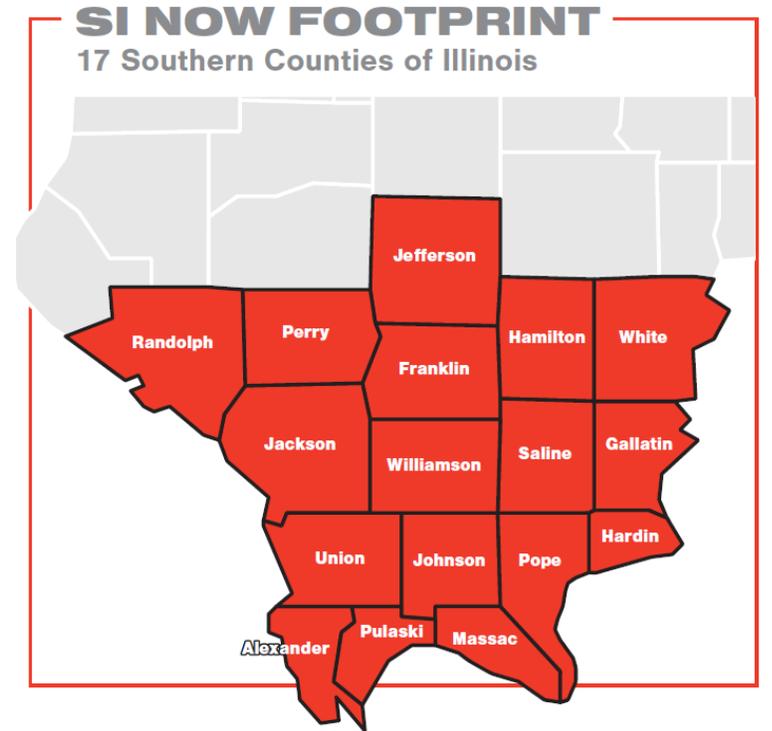
SI Now serves as a regional hub for economic development and unified voice for the 17 southern counties of Illinois to advance our region as a great place to live, work, and do business.

Vision

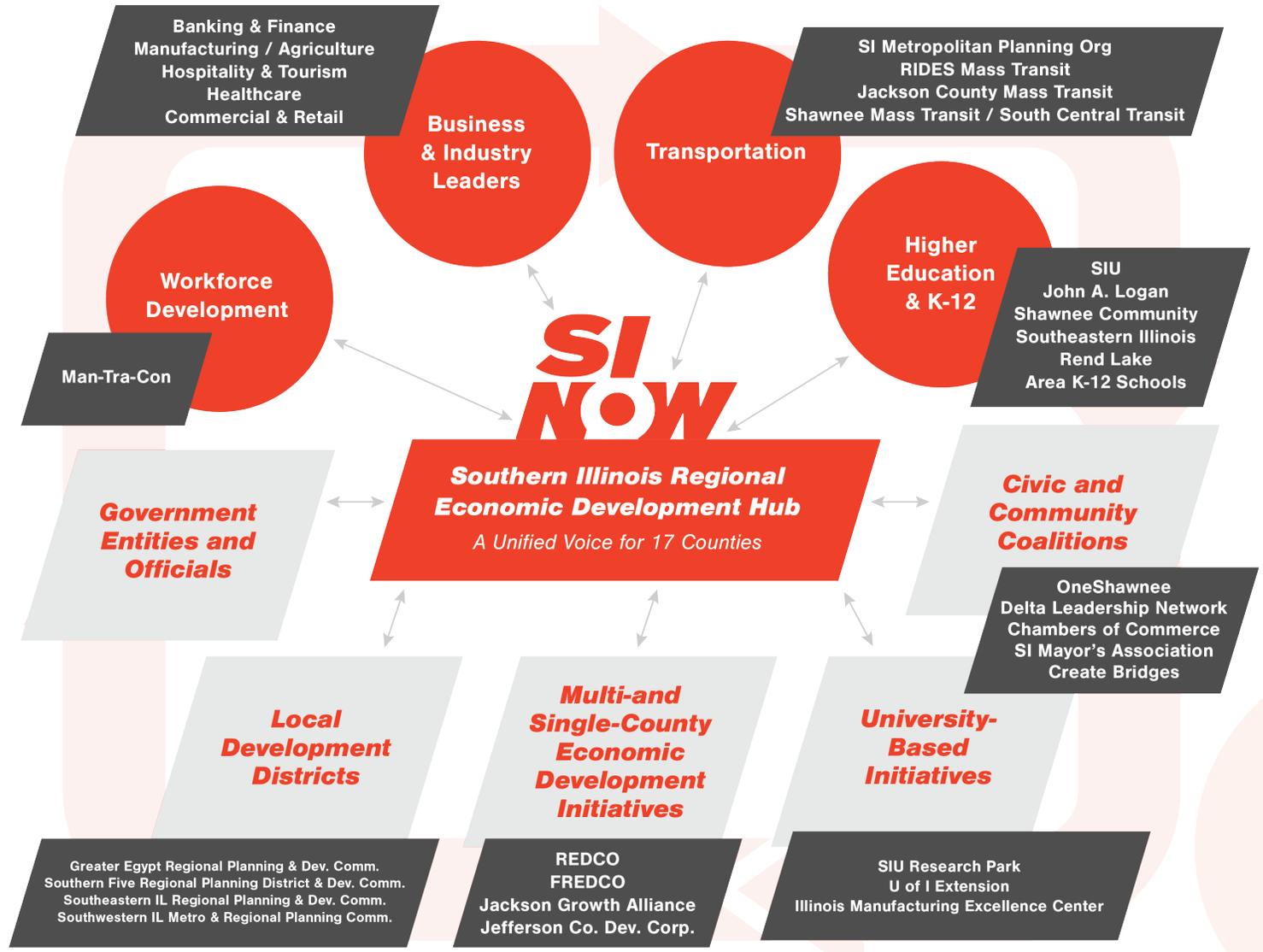
SI Now's vision is to support the region in becoming a thriving, economically diverse environment for business and industry with a growing population, labor force, per capita income and expanding tax base, while elevating an already high quality of life.

Purpose

- Create a positive ripple effect for citizens, communities, business owners, and local governments in Southern Illinois by:
- Creating jobs and opportunities for upward economic mobility
- Improving well-being and quality of life
- Attracting new businesses and residents
- Equipping workforce with specialized skills
- Creating opportunities for existing businesses to increase revenue through increased sales/clients
- Increasing tax base for local governments
- Reducing or stabilizing tax burdens on citizens and businesses



SI Now Footprint – A Regional Hub for Economic Development



SI Now Regional Plan At A Glance

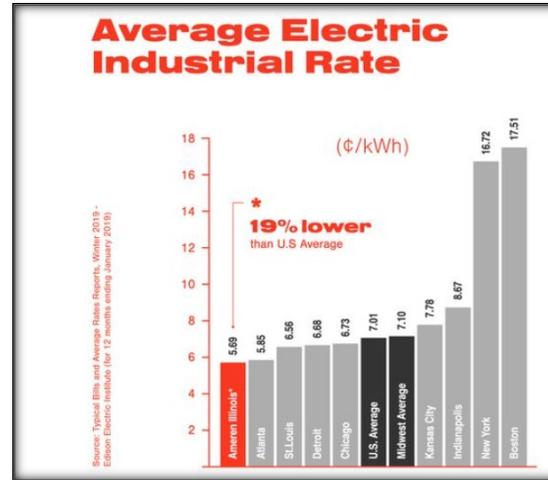


Marketing Southern Illinois – Elevating Perceptions

WHAT'S THE WORD? **SI NOW**

We have had several companies across the country and no other // locations have proven to be as rewarding as the ones located right here in Southern Illinois. //

Rodney Cabaness Co-Owner, Black Diamond Harley-Davidson



The Shawnee National Forest includes 403 miles of hiking trails across 9 counties in Southern Illinois

#SINowYouKnow

“

We moved to Southern Illinois for the high quality of life, low cost of living, and opportunity to raise our children in a place with great schools, outdoor recreation, and a strong sense of community.

Sarah and Ross Gray
Residents of Carbondale, IL

SI NOW

What \$270k looks like in...

Carbondale, IL (\$270,000) **St. Louis, MO (\$274,000)**

WEBSITE
SouthernIllinoisNow.org

SI NOW

A Southern Illinois Success Initiative



Follow along @SouthernIllinoisNow
Visit southernillinoisnow.org for more information



SI NOW

CO-OPERATION • POWER • POWER • POWER • LIVE • POWER

www.sinow.org

Education and Workforce Development

- Support growth in key high-wage industry sectors
- Promote high-wage career pathways
- Expand availability of apprenticeship programs
- Improve relationships and pipeline between K-12, area community colleges, and SIU
- Further develop collaboration and opportunities between SIU and local employers
- Increase the pipeline for high demand healthcare occupations

Business Growth and Development: Attracting Investment to Southern Illinois

- Across the U.S., business attraction is largely pursued on a regional basis in order to distribute costs and leverage assets as well as to serve as a first point of contact for site selectors and businesses.
- Through a regional approach, communities are equipped to leverage joint assets for outreach to site selectors, to quickly identify a site that meets the desired specifications, and to make the process of locating a business there as seamless and frictionless as possible.
- **There is an important opportunity for SI Now to market and maximize our collective assets as a region in order to attract investment to Southern Illinois.**



Attracting Investment to Southern Illinois

- **Attract investment to the SI Now 17-county region by:**
 - Showing how businesses and residents can prosper in Southern Illinois
 - Making the process of investing in Southern Illinois as seamless and frictionless as possible

Function	Proposed Services
Generate leads for business expansions/relocations to Southern Illinois	Engage site selectors
	Identify and pursue opportunities in target industry clusters
	Pursue targeted digital advertising directed at business leaders and decision makers
Manage leads for business expansions/relocations to Southern Illinois	Collaborate with state-wide agencies and organizations
	Route business/site selector inquiries to SI Now counties/cities according to a collaboratively developed process
	Help make the process of exploring and deciding whether to expand/relocate a business in Southern Illinois as seamless and frictionless as possible
Attract talent to Southern Illinois	Identify target talent markets
	Connect with these target markets through a variety of mediums



Learn More

Visit the SI Now Website www.southernillinoisnow.org

Inquiries

Please contact us with questions or inquiries at info@sinow.org

Follow SI Now on Social Media

Like and follow SI Now on social media where we will be sharing the good in Southern Illinois and advancing the region as a great place to live, work, and do business



Facebook, LinkedIn, Instagram: [@SouthernIllinoisNow](https://www.instagram.com/SouthernIllinoisNow)



Twitter: [@SouthernILNow](https://twitter.com/SouthernILNow)

Add the [#SouthernIllinoisNow](https://www.instagram.com/SouthernIllinoisNow) hashtag to your positive social media posts that highlight businesses, community events, and/or the quality of life in Southern Illinois.



Only 30.5 - 43.7%

of adults received a flu vaccine in the last 12 months



36.2 - 53.1%

of adults report it has been between 1 year/never since their last cholesterol test



29.2 - 35.6%

of adults report their last routine checkup was more than 1 year ago/never

Compared to Illinois at 23.6%



Only 45.8 - 67%

of adults report ever being tested for diabetes

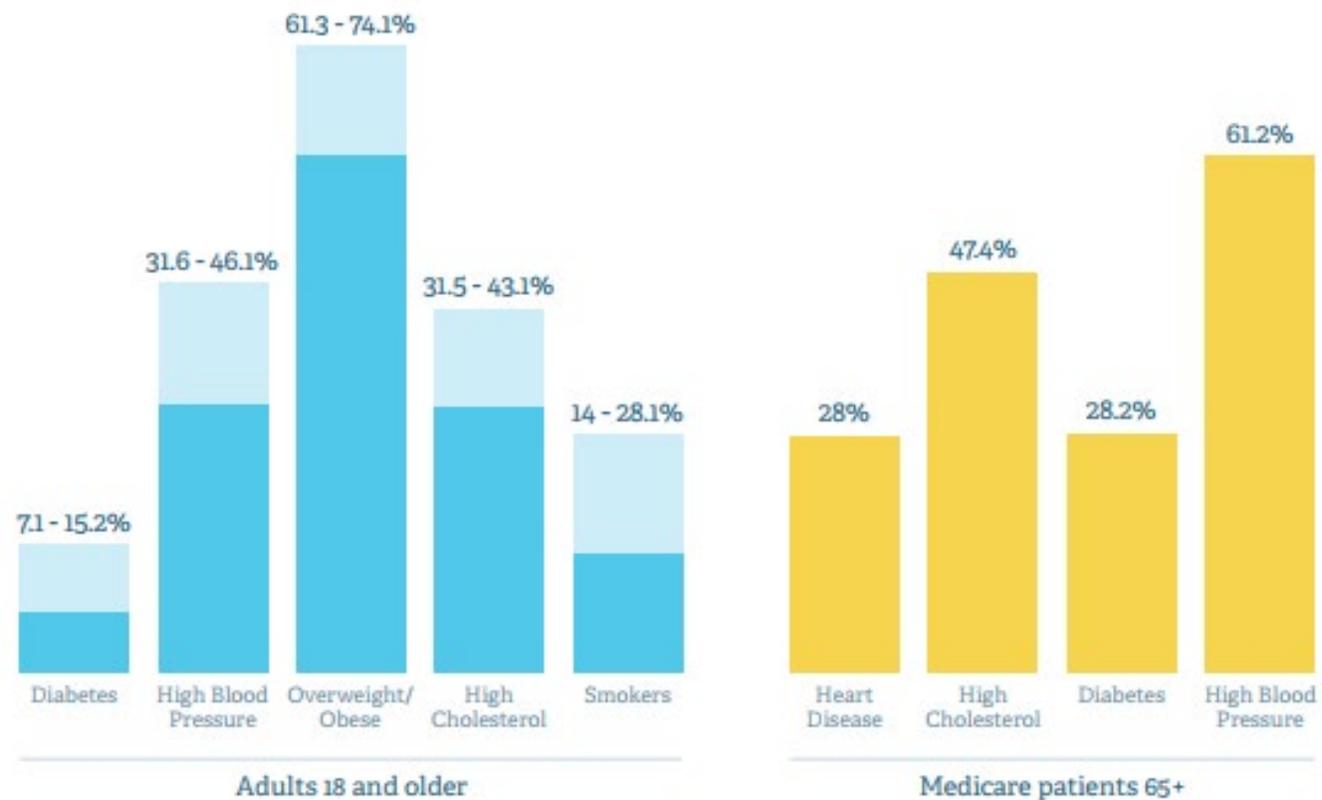


64.27%

of adults ages 50 - 75 have not had a recent colorectal cancer screening

Chronic Disease

Prevalence in the Region

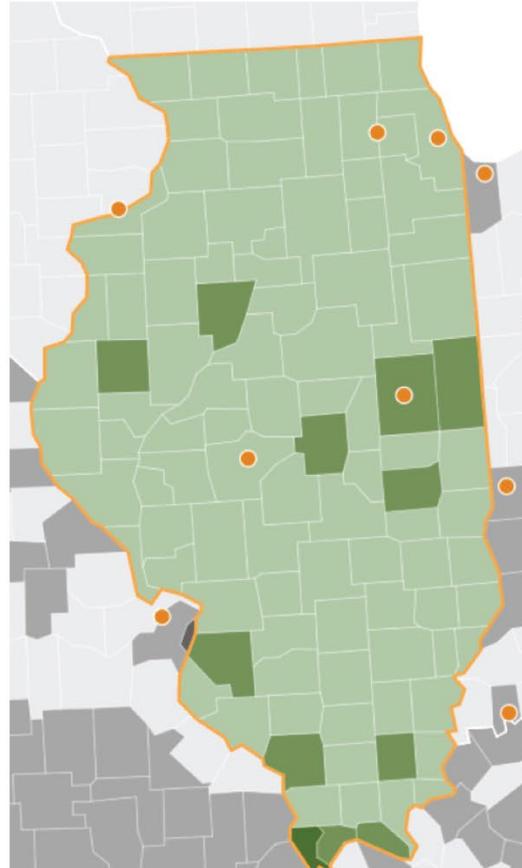


Data Sources

- Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2017.
- Centers for Disease Control and Prevention, Vital Statistics System via CDC WONDER, 2015-2019.
- Centers for Medicare and Medicaid Services, CMS, 2018.
- IDPH, Statewide Leading Causes of Death by Resident County, 2018
- Illinois Behavioral Risk Factor Survey Round Six – 2015-2019, Illinois Department of Public Health.
- SH and HMC, Inpatient 30 day readmit with exclusions, Diagnoses for FY21.

FOOD MATTERS

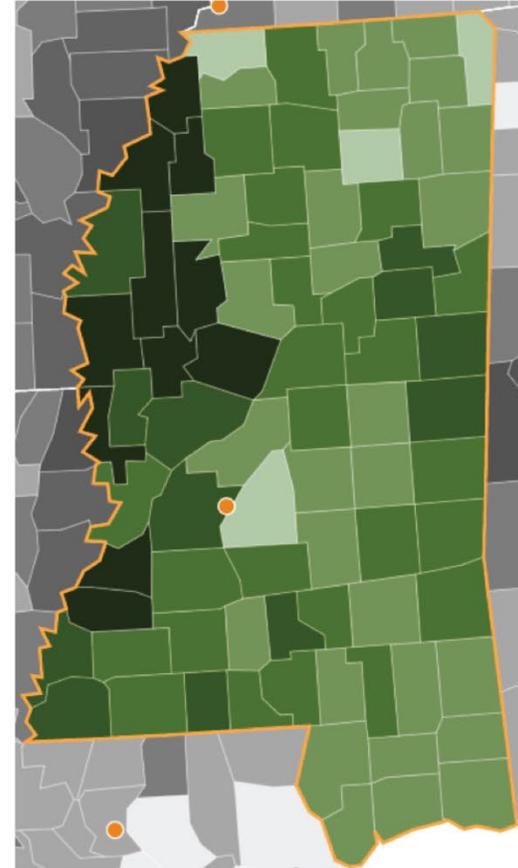
Food insecurity is a risk factor for various health issues, including chronic diseases, poverty, unemployment, homelessness, and developmental delays in children.



Illinois food insecurity rates:

- 4-14%
- 15-19%
- 20-24%
- 25-29%
- 30% +

11.7% are food insecure



Mississippi food insecurity rates:

- 4-14%
- 15-19%
- 20-24%
- 25-29%
- 30% +

21.5% are food insecure



Advancing Health in America

Healthy Southern Illinois Delta Network (HSIDN)

MISSION: Transforming Southern Illinois into a region that supports and enhances healthy living.

www.hsidn.org

- Create infrastructure leading to policy, systems & environmental changes for a healthy southern Illinois.
- Improve mental health through prevention.
- Reduce the number of cancer cases.
- Promote health and reduce chronic diseases 
Improve cardiovascular health and quality of life



Healthy
Southern
Illinois
Delta
Network

Strategy Implementation FY23-FY25

Collaboration to Continue to Address the Issues:

- Community Benefits staff
 - Community Health
 - School Health
 - Health Ministry
- Community Partners, Coalitions of the Healthy Southern Illinois Delta Network (HSIDN) and Action Teams
- SIH hospitals, Population Health, Service Lines and Marketing
- Clinical Interventions/Collaboration





**SOUTHERN
ILLINOIS
FOOD
PANTRY
NETWORK**



Healthy
Southern
Illinois
Delta
Network

16 counties

95 pantries

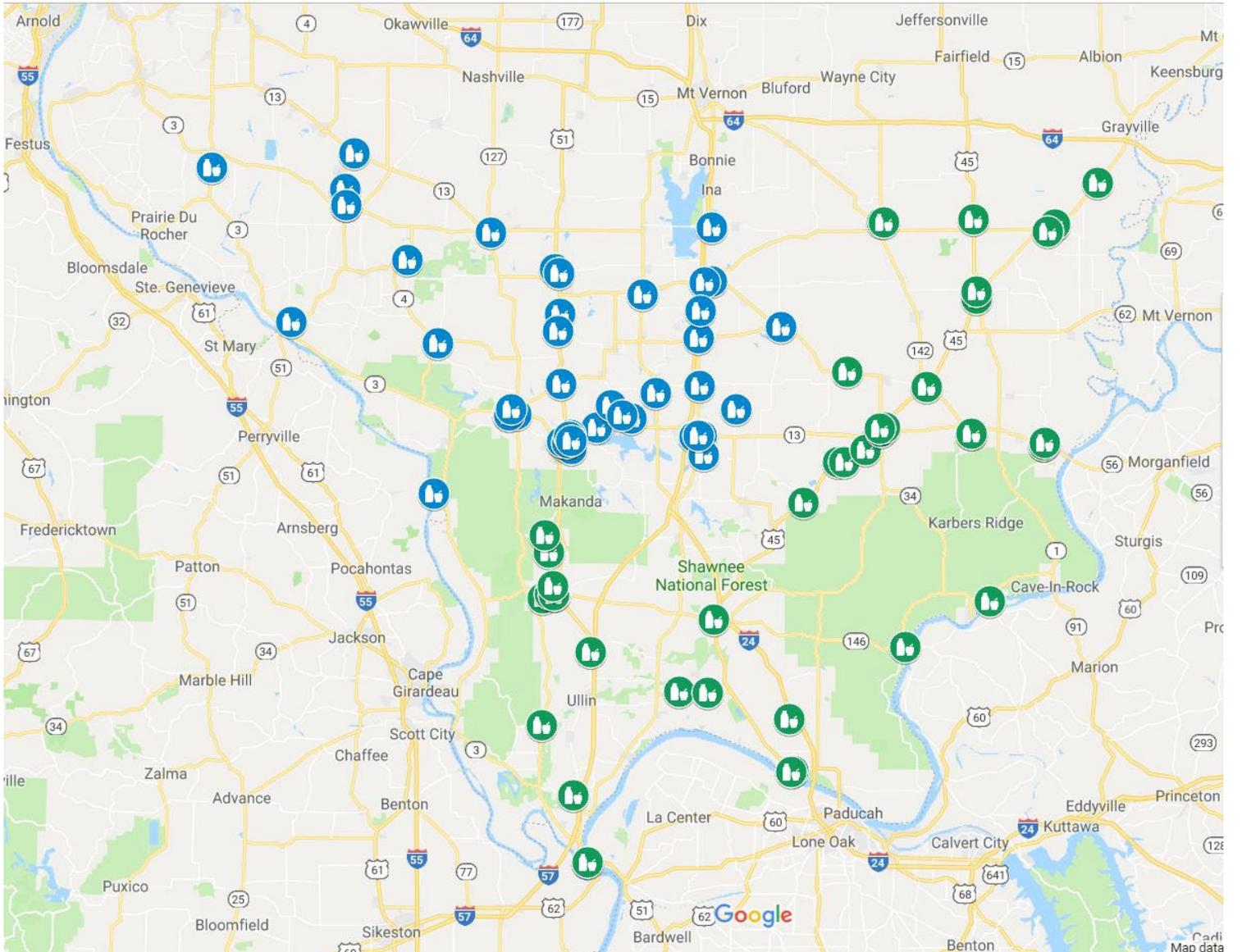
Food Banks:



St. Louis Area Food
Bank



Tri-State Food Bank





**SOUTHERN
ILLINOIS
FOOD
PANTRY
NETWORK**

SIFPN Steering Committee

Angie Bailey, Southern Illinois Healthcare

Dawn Null, SIU Human Nutrition and Dietetics

Jeff Franklin, SIU Medicine – Center for Rural Health and
Social Service Development

Angie Kuehl, Jackson County Health Department

Toni Kay Wright, University of Illinois Extension



SOUTHERN ILLINOIS FOOD PANTRY NETWORK

OUR MISSION

Southern Illinois Food Pantry Network is coming together to reduce hunger and improve the health and well-being of our communities through access to healthy and nutritious food, education, resources, and advocacy.

OUR VISION

Transforming the lives of residents with food insecurity in southern Illinois communities.



- Quarterly Meetings
- Food Pantry Lists
- Meeting Information
- Resources
- Advocate for Funding
- Offer Mini-Grants for Refrigerators and Freezers
 - Ameren \$8,333
 - SIH COVID Relief to SS Agencies \$ 33,000
 - Blue Cross Blue Shield \$20,000 – in process
 - Aetna \$138,000 – in process

<https://www.hsidn.org/> - type food pantry in the search

Quarterly Meetings

FOOD PANTRY NETWORK OF SOUTHERN ILLINOIS

FOOD PANTRY MANAGERS/VOLUNTEERS ARE INVITED TO AN INFORMATIONAL AND NETWORKING MEETING

**WEDNESDAY
SEPTEMBER 19, 2018**

2:00 PM

**DECATUR COUNTY
HEALTH DEPARTMENT**

415 HEALTH
MURPHY
BACK BUILDING-CONFERENCE

NETWORKING & IDENTIFYING OPPORTUNITIES

Join us for the very first meeting of this food pantry network. Come meet other area food pantry leaders and join our facilitated discussion addressing hunger in our communities, challenges faced by local food pantries, and opportunities to improve the nutrition environment for the individuals and families served.

Light snacks will be provided.

RSVP and Direct Questions to Toni Kay Wright
(618) 993-3304 or tkwright@illinois.edu

Mileage reimbursement available by request and upon the completion of additional paperwork.



Rotate locations

Provide opportunity for networking and sharing information

Provide food pantry specific training and resources

Connect to local community partners

Pre-COVID - Offered a satellite location to join online

Now meetings are held virtually



Projects

Pantry Manager
Survey 4.2019

Apply for and
advocate for
funding to meet
pantry needs

Host workshops
based on TA needs

Food Donation
Data Collection

Health Screenings

Nourish Your
Neighbor Food
Drive Campaign

Increasing Cold
Storage in Pantries

Increasing Cold
Storage in Pantries



Supporting Southern Illinois Food Pantries

The Southern Illinois Food Pantry Network provides an opportunity for food pantry managers and volunteers to connect with other area pantries and community partners. The Network works collaboratively to provide education, training, and resources to support food pantry operations and positively impact community health. According to Feeding America's *Map the Meal Gap*, more than 45,000 (14.3%) southern Illinoisans struggle with having enough food to eat and rely on our food pantries. The food insecurity rate among children range by county from 17.9% to 29.5%, translating to over 12,000 hungry children in southern Illinois.

Mission

Coming together to reduce hunger and improve the health & well-being of our communities through access to healthy & nutritious food, education, resources, and advocacy.

Community Health Screenings



Community health professionals partner with food pantries to conduct health screenings such as blood pressure, cholesterol, and blood sugar to reach high-risk individuals who may not otherwise seek health care services. The health screenings offer an opportunity to provide health education as well as necessary medical referrals. SIH collaborated with community partners to organize 7 free health fair / screening events held at food pantries and mobile markets. During these screening events, 156 low-income community members were screened. Over half (58%) required medical referrals and two required emergency care.

Partners:

Area Food Pantries,
Jackson County Health Department,
SIU Medicine - Center for Rural Health & Social Service Development,
SIU - Human Nutrition & Dietetics,
Southern Illinois Community Foundation,
SIH,
University of Illinois Extension,
WSIL-TV 3

Supporting Healthy Food Donations

Nearly 1 in 3 U.S. adults with a chronic disease has problems paying for food, medicine, or both. Many of these individuals rely on food pantries to support their nutrition needs therefore it is crucial that food pantries are stocked with healthy foods. During an analysis of several local food drives, it was determined that only 14.1% could be categorized as healthy or "choose often." The Network has developed the "Nourish Your Neighbor" campaign and toolkit to support food pantries and community organizations in hosting healthier food drives.



Connect with us:

www.hsidn.org/sifpn

Food Pantries Build Capacity

With very tight budgets, food pantries are always working to identify additional opportunities for support. The Network has been able to support food pantries in sharing grant information, providing technical assistance on grant applications, and supporting funding distribution.



Recent funding opportunities supporting local food pantries have come from:

- Ameren Illinois - Ameren Cares
- Blue Cross Blue Shield of Illinois
- Illinois COVID-19 Response Fund
- Southern Illinois Community Foundation
- SIH
- SIH Foundation

Food pantries have used this funding to support their increased need for food, increase storage capacity of perishable food items by adding more refrigerator and freezer space, upgrade technology, purchase cleaning supplies and toiletries, and increase nutrition education and resources for pantry clients.

Encouraging Healthy Eating

Food pantries can support their clients in having a healthier diet by introducing new foods and offering a tasting of these foods. Finding a recipe that is healthy, tasty, has few ingredients, and easy to prepare can be a challenge for both food pantries and clients. Preparing Sauteed Parsnips & Carrots during regular pantry hours allowed the food pantry to share ideas for some "not so popular" vegetables. In just two sampling events with the recipe, 84% of the tasters said they were likely to make the recipe at home and all of them said they would be excited to see more tastings and recipes provided by the food pantry.



Supporting Local Food Pantries

Find a food pantry near you: <https://www.hsidn.org/area-food-pantries>

- Make a healthy food donation to your local food pantry.
- Make a financial contribution to your local food pantry.
- Volunteer time at your local food pantry.
- Make a financial contribution to the SI Food Pantry Network: <https://www.sicf.org/sifpn>



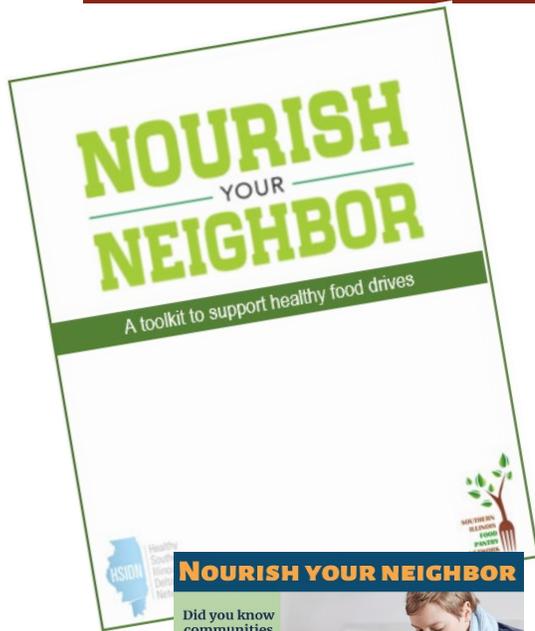
The Southern Illinois Food Pantry Network encompasses approximately 95 food pantries in the lower 16 counties of southern Illinois.



Contact:

Toni Kay Wright
tkwright@illinois.edu
618-993-3304

Nourish Your Neighbor Food Drive Campaign



NOURISH YOUR NEIGHBOR

Did you know communities with the highest rates of food insecurity face a higher risk for diseases?



Help make a healthy difference by donating foods found on the Nourish Your Neighbor checklist to your local food pantry. Your healthy donation will help serve the people in your community that are in need of food assistance.

FRUITS

NOURISH YOUR NEIGHBOR

Choose these products to support your local food drives and pantries!

- No Added Sugar or Packed in 100% Juice
- Mandarin Oranges
- Peaches
- Pineapple
- Pears
- Mixed Fruit
- Fruit Cups
- Applesauce
- Raisins/Dried Fruit
- 100% Fruit Juice

NOURISH YOUR NEIGHBOR



Many of the foods donated to local pantries have sodium levels that exceed recommendations – consider donating low sodium canned vegetables, beans, and meats.

You can help combat food insecurity by supporting your local food pantries by donating nutritious foods during food drives!

NOURISH YOUR NEIGHBOR

SUPPORT YOUR LOCAL FOOD DRIVES AND FOOD PANTRIES BY DONATING NUTRITIOUS FOODS!

Canned Fruit

- Mandarin Oranges
- Peaches
- Pineapple
- Pears
- Mixed Fruit

Fruit Cups

Applesauce

Raisins/Dried Fruit

100% Fruit Juice

Shelf-Stable Lowfat Milk

- Evaporated Milk
- Powdered Milk

Brown or Wild Rice

- Old-Fashioned Oatmeal
- High-Fiber/Low-Sugar Cereal
- Whole Grain Crackers
- Whole Grain Pasta
- Couscous
- Quinoa

Canned Vegetables

- Carrots
- Peas
- Corn
- Mixed Vegetables
- Tomatoes
- 100% Vegetable Juice

Canned Tuna (in Water)

- Canned Salmon (in Water)
- Canned Chicken (in Water)
- Unsalted Nuts
- Peanut Butter
- Canned Beans

In Illinois, 1,395,970 people are struggling with hunger, and of them 453,260 are children.

1 IN 9 PEOPLE STRUGGLE WITH HUNGER

1 IN 6 CHILDREN struggle with hunger

STARTLING FACTS ABOUT FOOD INSECURITY:

- Nearly 1 in 3 U.S. adults with a chronic disease has problems paying for food, medicine, or both.
- 63% of senior households (>50 years of age) served by Feeding America network are forced to choose between food and medical care.

Source: Feeding America
<https://www.feedingamerica.org/hunger-in-america/illinois>



Screening Events Held

- Murphysboro Food Pantry
 - Monday, August 26th, 9:00-11:00 am
- Victory Dream Center Mobile Market at Attucks Park, Carbondale
 - Thursday, August 29th, time TBA
- Salvation Army 906
 - Wednesday, September 4th, 9 – 11:30 am
- Cambria Food Pantry
 - Tuesday, September 17th, 9:00 am - 12:00 pm
- Sesser Mobile Market
 - Monday, October 7th, 8:00 am -10:30 am



Join us for a FREE screening event at
MURPHYSBORO FOOD PANTRY
906 N. 14TH ST, MURPHYSBORO IL

Monday, August 26
9:00 am - 11:00 am

The following FREE health screening can be provided:

<u>Adults 18 and older:</u>	<u>Adults 40-75 years old:</u>
- Blood Pressure	-Cholesterol
- Body Mass Index	- Blood Pressure
	- Blood Sugar
	- Body Mass Index

*fasting is not required for screening

For more information contact: Megan Austin at 618.684.8258
or by email at murphysborofoodpantry@gmail.com



Adults 18 and older can be screened.

18 and older:

- Body Mass Index (Height and Weight)
- Blood Pressure

40 – 75 years old:

- Body Mass Index (Height and Weight)
- Blood Pressure
- Fasting Blood Glucose
- Total Cholesterol
 - LDL
 - HDL
 - Triglycerides



Join us for a FREE screening event at
SALVATION ARMY

906 TOWN SQ. PLAZA, MARION IL

Wednesday, September 4

8:30 am - Noon

The following FREE health screening can be provided:

Adults 18 and older:

- Blood Pressure
- Body Mass Index

Adults 40-75 years old:

- Cholesterol
- Blood Pressure
- Blood Sugar
- Body Mass Index

*Tasting is not required for screening

For more information contact: Cami Hom at 618.993.5854

or by email at camilla-hom@usc.salvationarmy.org



****Update to what can be offered based on USPSTF guidelines.**

Educational information can be provided as space allows.

Health Fair - Attucks Park:

Over a dozen community partners shared information about obtaining health insurance, finding a healthcare provider, dental care services, healthy eating, tobacco cessation, mental health and more.

Farmers' Market Style Mobile Market Food Fair

The St. Louis Area Foodbank and the Victory Dream Center partnered to serve 22,081 pounds of food to:

- 1,226 individuals
- 334 families
- 48 % of those served were children



Health Screening:

40 people were screened

60 % had at least one abnormal result

38 % recommended to follow up with PCP

2 individuals were advised to seek immediate care

80 % had a PCP

80 % Medicaid

52 % were not employed

48 % Black

38 % Caucasian



Join us for a **FREE Health Fair**

Attucks Park Pavilion

800 N. Wall Street, Carbondale

Thursday, August 29, 2019

At the Food Fair Sponsored by the St. Louis Area Foodbank

Health Exhibits and Screening 10:00 am—12:00 Noon

Food Fair 11:00 am—1:00 pm

The following FREE health screening can be provided:

Adults 18 and older:

Blood Pressure

Body Mass Index

Adults 40-75 years old:

Cholesterol

Blood Pressure

Blood Sugar

Body Mass Index

**fasting is not required for screening*

Visit exhibits at the health fair to learn about community services

For more information contact: 618.457.5200 ext.67830

For information about the Food Fair contact Maya Summers 314.528.8620



Attucks Park – August 19, 2019







Elkville First Baptist Church

Mobile Market

- Monday, June 24, 2019, 8:30-11:00 a.m.
- Estimated 52 attended, 32 screened
 - **26 were recommended to follow-up with a healthcare provider (81.3%)**
 - 40% could name 1 risk factor of heart disease on post-test
 - 75% could state normal BP after screening and education
 - 80% could name 4/6 stroke symptoms on post-test
 - 60% could name 1 symptom of diabetes on post-test



Elkville First Baptist Church Mobile Market Health Fair

June 24
2019



How Do I Pick a Doctor?

Your options for choosing a doctor may depend on your health insurance.

When you go to the doctor, call their office first and see if they will accept your insurance.

You should also call the number on the back of your insurance card.

Your insurance company may be able to assist with transportation to your appointment, if needed.

Below is a list of Federally Qualified Health Care (FQHC) Providers. FQHC's are able to offer discounts for their services.

Doctor Office	Location	Phone #	Website
Christopher Rural Health Planning Corporation	Christopher, Albion, Carmi, DuQuoin, Eldorado, Fairfield, Flora, Johnston City, Mt. Vernon, Sesser, Shawneetown	(800) 408-7351	https://www.crhpc.org/
Community Health & Emergency Services	Carbondale, Cairo, Marion, Elizabethtown, Rosiclare, Harrisburg, Golconda, Pulaski, Tamms	(618) 734-4400	https://www.chesi.org/
Rural Health, Inc.	Vienna, Anna, Dongola, Metropolis	(618) 995-1002	http://www.ruralhealthinc.org/
Shawnee Health Service	Carbondale, Carterville, Marion, Murphysboro	(618) 519-9200	http://www.shawneehealth.com/

There are other Doctors in the area. This list can help you get started if you do not already have a Doctor. You can also visit <https://www.hsidn.org/find-a-doctor> for a full list of Doctors in southern Illinois.

Continued Efforts:

- Steering Committee Meetings
- SIFPN Quarterly/Bi-Annual Meetings
- Continue to explore ways to best target our efforts and interventions
- **Data**
- **Working with community partners, FQHC's and local health departments through the Healthy Southern Illinois Delta Network www.hsidn.org**
- Summit (2021 and Sept 8, 2022)
- **Highlight the Illinois Commission to End Hunger Roadmap**
- **Review current efforts and plan for the future**
- Health Screenings
- Education
- Clients
- Donors



2021
Southern Illinois
Food Security Summit
Building a Better Future for our Region

Register Now!

August 11, 2021
The City of Marion Pavilion, Marion

\$15
Includes box lunch
(limited scholarships available)

2021 Southern Illinois Food Security Summit
8:30am - 3:30pm

More than 45,000 southern Illinoisans struggle with having enough food to eat and rely on local food pantries, summer meal programs, senior meal sites, and other programs to meet their food needs. This Summit will increase communication and collaboration among southern Illinois business, schools, healthcare, farmers, religious and community organizations, and community members to address food insecurity in the lower 16 counties of Illinois.

Using the Illinois Commission to End Hunger's Roadmap to End Hunger in Illinois – participants will work to develop a regional vision to support food access and food security in the lower 16 counties of Illinois.



For more information
call 618-993-3304 or
email towright@illinois.edu

Registration now open!
www.FeedSI.org

College of Agricultural, Consumer and Environmental Sciences
University of Illinois - Urbana-Champaign
University of Illinois Extension provides equal opportunities in programs and employment.
This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.
If you need a reasonable accommodation to participate in programming, contact (618) 993-3304. Early requests are strongly encouraged to allow sufficient time for meeting your needs.

Additional Efforts to Address SDOH:

- Medical Legal Partnership (MLP) of Southern Illinois
- SIH Non-Emergency Medical Transportation Pilot
- Health Leads
- SIH Community Health Worker Program
- Free Health Education Classes offered virtually and in person
 - Courage to Quit
 - Chronic Disease Self-Management
 - Diabetes Self-Management
 - Mental Health First Aid (Youth and Adult)

SOCIAL DETERMINANTS OF HEALTH

We need to consider each factor to address the social determinants of health.



Housing



Food



Education



Transportation



Violence



Social Support



Employment



Health Behaviors



None of us can do it alone.



For additional information:

Sarah Gray

System Director for Business and Economic Development

618-457-5200, ext. 67866

Sarah.gray@sih.net

Angie Bailey

System Director for Community Health

618-457-5200, ext. 67834

angie.bailey@sih.net

