

Take the #MoveWithHeart Pledge

February is Heart Month...

Which is the perfect time to learn about your risk for heart disease and the steps you need to take now to help your heart. By [living a healthy lifestyle](#), you can help keep your blood pressure, cholesterol and sugar normal and lower your risk for heart disease and heart attack. It's never too late — or too early — to improve your heart health! [Watch the video](#) to see how small changes can make a big difference when you [#MoveWithHeart](#).



Enhancements Named for Stroke Patient Management Tool

Updates to the Stroke Patient Management Tool @ took place on January 30, 2019.

Enhancements:

- Updated “t-PA” to “alteplase” in all elements of the PMT (all users)
- Added elements related to imaging and advanced imaging to all usergroups
 - Imaging Prior to Transfer (MER layer)
 - New options for “Brain Imaging at your Hospital” (all layers)
 - Updated new elements “Advance Imaging at your Hospital” (all layers)
- Added elements for STK-OP-1

and CSTK-01 to STK users Including a new “Outpatient” tab

- “Pre-Stroke Modified Rankin Score” element has been added to CSTK users
- PCSK 9 Inhibitors added as Cholesterol Reducing Tx at discharge
- Updated options for users with the MER layer active related to following questions:
 - Reasons for not performing mechanical endovascular reperfusion therapy
 - Reasons for delay
- Statin at Discharge:
 - Additional statin and dosing combinations have been added

[CLICK HERE FOR THE FULL LIST](#)

Date to Remember

■ FEBRUARY 27

Multidisciplinary Approaches to Atrial Fibrillation Care: A Virtual Conference

The Midwest Affiliate of the American Heart Association will offer a virtual conference! It will take place from 10 AM-2 PM CST. The event will feature a panel of experts from different medical backgrounds, each with a unique perspective on atrial fibrillation. The conference can be attended in the comfort of your home or office. It is free to attend, but we ask that you register. Please note that this conference has qualified for 3.75 CEU hours. [Click here](#) to register. If you have any questions, please contact cristin.matthew@heart.org.

Watch for this!

The updated A-Fib Guidelines were published on January 28, 2019. The full journal publication can be [accessed here](#), and a brief news article can be accessed through [Updated AFib guidelines recommend newer blood thinners](#)

Questions? Contact:

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