## Critical Access Hospital Financial Leadership Summit Summary

Minneapolis, Minnesota June 7-8, 2012

Updated May 2020



#### NATIONAL RURAL HEALTH RESOURCE CENTER

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This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number UB1RH24206, Information Services to Rural Hospital Flexibility Program Grantees, \$1,205,000 (0% financed with nongovernmental sources). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

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#### **OVERVIEW**

On June 7 and 8, 2012, the National Rural Health Resource Center, with funding from the Health Resources and Services Administration (HRSA) Federal Office of Rural Health Policy (FORHP), brought a small group of critical access hospital (CAH) financial leaders and experts together in Minneapolis, Minnesota to address issues related to CAH financial performance. The goals of the two-day event were to:

- Consider the definition of financial crisis in CAHs
- Identify the most important CAH financial measures
- Identify strategic interventions to improve CAH financial performance
- Provide input on the availability and/or development of useful financial resources for both CAHs and state Medicare Rural Hospital Flexibility (Flex) Programs

Participants included financial experts from hospital consulting firms with extensive experience in rural hospital finance, CAHs, state Flex Program representatives, a rural health researcher from the University of North Carolina, and an official from the HRSA Federal Office of Rural Health Policy. The participants did extensive pre-work and then engaged in a structured dialog. The information that follows is an abbreviated product of their discussions. It is intended as a resource for both CAHs and state Flex Programs.

## WHAT ARE THE MOST IMPORTANT CAH FINANCIAL INDICATORS OF PERFORMANCE?

Financial indicators closely aligned with financial strength can be used to determine the financial status of a CAH. Financial indicators, often ratios, combine line items from the balance sheet, statement of operations and/or statement of cash flows in a meaningful way to help interpret strengths or weaknesses in operations or financing activities. Examining these ratios over time can help determine an organization's future trajectory or momentum.

In June 2012, a group of CAH financial experts met in Minneapolis, Minnesota at a CAH Financial Leadership Summit. Of the many identified financial ratios proven useful for assessing organizations' financial conditions, the Summit participants identified the 10 most important indicators for evaluating CAH financial performance. Table A displays each of these 10 indicators with the 2018 CAH US medians as listed in the CAH Financial Indicators Reports Primer and Calculator Resources distributed by the Flex Monitoring Team in April 2020. Each indicator has an arrow pointing up or down, displaying if favorable values are above or below the median.

| CAH Financial Indicator          | 2018 U.S.<br>Median | Favorable<br>Trending |
|----------------------------------|---------------------|-----------------------|
|                                  |                     | 5                     |
| Days in Net Accounts Receivable  | 50.68               | Down                  |
| Days in Gross Accounts           | 49.06               | Down                  |
| Receivable                       | 49.00               | DOWIT                 |
| Days Cash on Hand                | 75.88               | Up                    |
| Total Margin                     | 1.61%               | Up                    |
| Operating Margin                 | 0.17%               | Up                    |
| Debt Service Coverage            | 3.43                | Up                    |
| Salaries to Net Patient Revenue  | 45.10%              | Down                  |
| Medicare Inpatient Payor Mix*    | 71.94%              | Down                  |
| Average Age of Plant (years)     | 11.52               | Down                  |
| Long Term Debt to Capitalization | 30.83%              | Down                  |

Table A. CAH Financial Indicator Medians, 2018

\* Summit participants agreed Overall Payor Mix was a more comprehensive indicator of financial performance than Medicare Inpatient Payor Mix alone.

Source: CAH Financial Indicators Report: Summary of 2018 Indicator Medians by State, April 2020

A definition, formula and benchmarks for each of the 10 most important indicators of CAH financial performance is provided below. Each indicator also includes an example data table, which is meant to be used as a reference when calculating these ratios for a specific CAH. Sample data corresponds with the financial statements in the Appendix, including a balance sheet, statement of operations and statement of cash flows. Many of the line items on the financial statements have a letter designation under the column titled "Row". These letters are referenced in the descriptions of the indicator calculations.

#### Days in Net Accounts Receivable

Days in Net Accounts Receivable measures the number of days it takes an organization to collect its payments.

How values are calculated:

• Net Accounts Receivable: [Row B] – [Row C]

- Net Patient Revenue: [Row Q]
- Days in Net Accounts Receivable: ([Row B]-[Row C]) ÷ ([Row Q] ÷ 365)

Example data:

|                                 | 2017      | 2018      | 2019      |
|---------------------------------|-----------|-----------|-----------|
| Net Accounts Receivable         | 771,000   | 802,000   | 778,000   |
| Net Patient Revenue             | 5,195,000 | 5,330,000 | 5,388,000 |
| Days in Net Accounts Receivable | 54.17     | 54.92     | 52.70     |

High values reflect a long collection period and indicate problems in the organization's business office with regards to billing or collecting payments. The ability to collect payments for services is increasingly difficult, but extremely important. Improvement in days in accounts receivable can mean hundreds of thousands of dollars in improvement in cash on hand. Common problems include out of date charge masters, poor registration processes, and bad communication. "Days in Accounts Receivable" is a good measure of how the billing process is working and efficiency, but it does not indicate the overall financial strength of the hospital. Favorable values are **below** the median and the 2018 CAH U.S. Median = **50.68 days**. Reductions to accounts receivable will improve cash on hand.

#### Days in Gross Accounts Receivable

Days in Gross Accounts Receivable tests the net days in accounts receivable with a goal of being the same amount of time as net days in accounts receivable.

How values are calculated:

- Gross Accounts Receivable: [Row B]
- Gross Revenue: [Row P]
- Days in Gross Accounts Receivable: [Row B] ÷ ([Row P] ÷ 365)

Example data:

|                                   | 2017      | 2018      | 2019      |
|-----------------------------------|-----------|-----------|-----------|
| Gross Accounts Receivable         | 1,001,000 | 1,012,000 | 993,000   |
| Gross Revenue                     | 6,395,000 | 6,460,000 | 6,503,000 |
| Days in Gross Accounts Receivable | 57.13     | 57.18     | 55.74     |

Days in gross accounts receivable is important to track and compare to net accounts receivable to assess the revenue cycle performance. Gross and net

days are close in value in highly functioning business offices. Gross accounts receivable does not include any accounting adjustments which makes it a good measure of overall performance when compared to net days in accounts receivable. For example, if gross days are higher than net days, the organization's allowances (e.g. write offs) may require further analysis. Favorable values are **below** the median and the 2018 CAH U.S. Median = **49.06 days**.

#### Days Cash on Hand

Days Cash on Hand measures the number of days an organization could operate if no additional cash was collected or received. This reflects the organization's "safety net" relative to the size of the hospital's expenses.

How values are calculated:

- Cash and Temporary Investments: [Row A]
- Total Expenses: [Row X]
- Depreciation and Amortization: [Row U]
- Provision for Doubtful Accounts/Bad Debt: [Row W]
- Days Cash on Hand: [Row A] ÷ (([Row X] [Row U] [Row W]) ÷ 365)

Note: Provision for Doubtful Accounts/Bad Debt is only included in this equation if classified as an operating expense on the Income Statement.

Example data:

|                                | 2017      | 2018      | 2019      |
|--------------------------------|-----------|-----------|-----------|
| Cash and Temporary Investments | 1,120,000 | 1,280,000 | 1,831,000 |
| Total Expenses                 | 5,688,000 | 5,747,000 | 5,817,000 |
| Depreciation and Amortization  | 229,000   | 218,000   | 211,000   |
| Bad Debt                       | 102,000   | 107,000   | 126,000   |
| Days Cash on Hand              | 76.31     | 86.17     | 121.96    |

Lending organizations view this ratio as critical in the assessment of a project's feasibility, as it represents the amount of dollars readily available to meet short term obligations and make debt payments should an organization experience short term financial distress. Favorable values are **above** the median and the 2018 CAH U.S. Median = **75.88 days**.

#### Total Margin

Total Margin measures the control of expenses relative to revenues.

How values are calculated:

- Change in Net Assets: [Row Z]
- Total Revenue: [Row S]
- Total Margin: [Row Z] ÷ [Row S]

Example data:

|                      | 2017      | 2018      | 2019      |
|----------------------|-----------|-----------|-----------|
| Change in Net Assets | 64,000    | 87,000    | 159,000   |
| Total Revenue        | 5,752,000 | 5,834,000 | 5,976,000 |
| Total Margin         | 1.11%     | 1.49%     | 2.66%     |

Total margin indicates the organization's overall profit. It is important to note that organizations need at least a small measure of profit to reinvest in their facilities, staff, and infrastructure. Consistently negative total margins may eventually lead to hospital closure. While total margin is a good indicator of financial strength, it is important to look at operating margin as well. An organization might have a high total margin ratio if, for example, it is the recipient of non-operating sources of revenue, such as a county subsidy to provide quality health care to indigent residents. Margin driven by supplemental funding sources may be at risk with more pressure on local and county governmental budgets, for example. Favorable values are **above** the median and the 2018 CAH U.S. Median = **1.61 percent**.

#### **Operating Margin**

Operating Margin measures the control of operating expenses relative to operating revenues related to patient care. Operating expenses are all expenses incurred from the hospital in delivering services. Examples are salaries and benefits, purchased services, depreciation and amortization, supplies, interest expense, professional fees, and bad debt expense.

How values are calculated:

- Net Operating Income: [Row R] [Row X]
- Total Operating Income: [Row R]
- Operating Margin: ([Row R] [Row X]) ÷ [Row R]

Example data:

|                        | 2017      | 2018      | 2019      |
|------------------------|-----------|-----------|-----------|
| Net Operating Income   | -7,000    | 10,000    | 63,000    |
| Total Operating Income | 5,681,000 | 5,757,000 | 5,880,000 |
| Operating Margin       | -0.12%    | 0.17%     | 1.07%     |

This measure reflects the overall performance on the CAH's core business: providing patient care. It is important to note that it takes into account the deductions from revenue, such as contractual allowances, bad debt, and charity care. Favorable values are **above** the median and the 2018 CAH U.S. Median = **0.17 percent**.

#### Debt Service Coverage Ratio

Debt Service Coverage Ratio measures the ability to pay obligations related to long-term debt.

How values are calculated:

- Change in Net Assets: [Row Z]
- Interest: [Row V]
- Depreciation and Amortization: [Row U]
- Repayment of Debt (Principal Payments): [Row AA]
- Interest Paid on Long Term Debt (Interest Payments): [Row BB]
- Debt Service Coverage Ratio: ([Row Z] + [Row V] + [Row U])÷ ([Row AA] + [Row BB])

Example data:

|                               | 2017    | 2018    | 2019    |
|-------------------------------|---------|---------|---------|
| Change in Net Assets          | 64,000  | 87,000  | 159,000 |
| Interest                      | 28,000  | 17,000  | 13,000  |
| Depreciation and Amortization | 229,000 | 218,000 | 211,000 |
| Principal Payments            | 169,000 | 145,000 | 90,000  |
| Interest Payments             | 28,000  | 17,000  | 10,000  |
| Debt Service Coverage Ratio   | 1.63    | 1.99    | 3.83    |

The measure reflects the availability of capital after debt obligations have been satisfied. The debt service coverage represents a key ratio in determining the ability of an organization to take on additional debt, whether for information technology (IT), equipment, or a building project. The higher the value of the debt service coverage ratio, the greater the "cushion" to repay outstanding debt or take on additional obligations. Favorable values are **above** the median and the 2018 CAH U.S. Median = **3.43**.

#### Salaries to Net Patient Revenue

Salaries to Net Patient Revenue measures labor costs relative to the generation of operating revenue from patient care.

How values are calculated:

- Salaries: [Row T]
- Net Patient Revenue: [Row Q]
- Salaries to Net Patient Revenue: [Row T] ÷ [Row Q]

Example data:

|                                 | 2017      | 2018      | 2019      |
|---------------------------------|-----------|-----------|-----------|
| Salaries                        | 2,895,000 | 2,908,000 | 2,958,000 |
| Net Patient Revenue             | 5,195,000 | 5,330,000 | 5,388,000 |
| Salaries to Net Patient Revenue | 55.73%    | 54.56%    | 54.90%    |

Salaries are a major part of the expense structure and require close management. Reviewing the costs can help a CAH assess its staffing efficiency. Overstaffing can reduce overall hospital profitability. Closely monitoring salaries to net patient revenue and improving efficiencies can improve financial performance. Favorable values are **below** the median and the 2018 CAH U.S. Median = **45.10 percent**.

#### Payor Mix Percentage

Payor Mix Percentage is the proportion of patients represented by each payor type. As displayed below, inpatient and outpatient payor mix are calculated differently.

**Inpatient Payor Mix** measures the percentage of total inpatient days that are provided to patients of each payor type. The 2018 CAH U.S. Median for Medicare inpatient payor mix was **71.94 percent**. Favorable values are **below** the median.

Inpatient Days for Payor Total Inpatient Days — Nursery Bed Days — Nursing Facility Swing Days

**Outpatient Payor Mix** measures the percentage of total outpatient charges that are for patients of each payor type.

Outpatient Charges for Payor Total Outpatient Charges

Payor mix percentages are particularly important in estimating provider revenue, because the final reimbursement amount for any patient ultimately depends on the payment source. For CAHs, reimbursement for Medicare is 101% of costs. Real costs for Medicare patients are already below 100%

since some cost, such as physician recruiting, are not reimbursed by Medicare (See Table A - "Allowable Costs in CAH"). The only alternative source of profits is providing services to privately insured patients. It is often the challenge of rural health care providers to operate profitably with a patient population that is comprised of more Medicare and Medicaid business than urban providers.

#### Average Age of Plant

Average Age of Plant measures the average age in years of the buildings and equipment of an organization.

How values are calculated:

- Accumulated Depreciation: [Row E]
- Depreciation and Amortization: [Row U]
- Salaries to Net Patient Revenue: [Row E] ÷ [Row U]

Example data:

|                          | 2017      | 2018      | 2019      |
|--------------------------|-----------|-----------|-----------|
| Accumulated Depreciation | 1,874,000 | 1,755,000 | 1,896,000 |
| Depreciation Expense     | 229,000   | 218,000   | 211,000   |
| Average Age of Plant     | 8.18      | 8.05      | 8.99      |

CAHs often fail to improve or rebuild their facilities. The status of newer facilities has been shown to have a positive effect on financial performance and on the recruitment and retention of physicians and staff. Average age of plant is a good indicator of distress with older hospitals having greater problems. Lower, decreasing values indicate a newer facility or more frequent reinvestments in buildings or equipment over time. Favorable values are **below** the median and the 2018 CAH U.S. Median = **11.52 years**.

#### Long Term Debt to Capitalization

Long Term Debt to Capitalization measures the percentage of net assets (or equity) that is debt.

How values are calculated:

- Long Term Debt, Net of Current Portion: [Row K]
- Net Assets Accumulated Earnings (Deficit): [Row M]
- Long Term Debt to Capitalization: [Row K] ÷ ([Row K] + [Row M])

Example data:

|                                  | 2017      | 2018      | 2019      |
|----------------------------------|-----------|-----------|-----------|
| Long Term Debt                   | 186,000   | 183,000   | 178,000   |
| Net Assets                       | 1,835,000 | 2,173,000 | 2,694,000 |
| Long Term Debt to Capitalization | 9.20%     | 7.77%     | 6.20%     |

This ratio measures the amount of capital that is financed with debt, which is important to lenders for long term viability. Higher values signify a riskier situation and indicate that a hospital may have a harder time sustaining debt payments in the future and/or getting financing from lenders. Favorable values are **below** the median and the 2018 CAH U.S. Median = **30.83 percent**.

#### FINANCIAL DISTRESS MODEL

The Financial Distress Index was developed by researchers from the North Carolina Rural Health Research and Policy Analysis Center at University of North Carolina at Chapel Hill. A well-functioning prediction model, such as this, can be used as an early warning system to identify hospitals at increased risk of facing financial distress. State Flex Programs, CAH chief executive officers (CEOs) and boards reviewing the model could identify areas of particular distress and develop strategies, or interventions, to improve financial performance. To view more information about the prediction of financial distress among rural hospitals, please visit <a href="https://www.ruralhealthresearch.org/publications/998">https://www.ruralhealthresearch.org/publications/998</a>.

Today's characteristics (recent financial performance and measures of a market in which a hospital operates) are used to assign CAHs to one of four "risk levels" that predict whether a CAH will be in financial distress two years later. Many financial performance and market characteristics were considered for inclusion. The final model was selected due to its ability to predict performance in a straightforward manner. Variables used in the model are noted below in Table B, C and D.

| Table B. Descriptive Measures of Variables Included in Prediction of |  |  |  |  |
|--|--|--|--|--|
| Financial Distress among Rural Hospitals, Financial Performance      |  |  |  |  |

| Variable      | Description                                    |
|---------------|--|
| Profitability | Total margin; two-year change in total margin  |
| Reinvestment  | Retained earnings as a percent of total assets |
| Benchmark     | Percent of benchmarks met over two years       |
| performance   |  |

# Table C. Descriptive Measures of Variables Included in Prediction ofFinancial Distress among Rural Hospitals, GovernmentReimbursement

| Variable | Description                    |
|----------|--------------------------------|
| Medicare | CAH status                     |
| Medicaid | Medicaid to Medicare fee index |

## Table D. Descriptive Measures of Variables Included in Prediction ofFinancial Distress among Rural Hospitals, Hospital Characteristics

| Variable  | Description                           |
|-----------|---------------------------------------|
| Ownership | Government/not-for-profit, for-profit |
| Size      | Net patient revenue (millions)        |

## Table E. Descriptive Measures of Variables Included in Prediction ofFinancial Distress among Rural Hospitals, Market Characteristics

| Competition        | Log of miles to nearest hospital more than 100 beds;<br>market share (<25%) |
|--------------------|---|
| Economic Condition | Log of poverty rate in the market area                                      |
| Market Size        | Log of population in the market area  |

The model separates hospitals into risk of financial distress categories. Financial distress events include:

- Unprofitability
- Equity decline
- Insolvency
- Closure

Accurate assignment of hospitals to categories that reflect low, mid-low, mid-high and high risk of financial distress can provide an effective early warning system to CAHs, allowing CAH Administrators and state Flex Program Coordinators to target efforts to those at higher risk.

The Flex Monitoring Team has created a login protected online tool called the *Critical Access Hospital Measurement and Performance Assessment System* (CAHMPAS). CAHMPAS is available to CAH executives, state Flex Programs and federal staff to explore the financial, quality and community-benefit performance of CAHs. CAHMPAS provides graphs and data, which allows

comparison of CAH performance for various measures across user-defined groups: by location, net patient revenue or other factors. CAHMPAS includes a variety of metrics and allows CAHs to compare their financial performance to peer facilities. For more information, visit

https://cahmpas.flexmonitoring.org/. The Summit participants agreed that the financial distress index is a beneficial prediction model for CAH and state Flex Program personnel to review annually.

#### CAH FINANCIAL INTERVENTIONS

A number of significant financial improvement interventions were identified by the Summit participants as a means of optimizing the financial performance of CAHs.

#### **Review and Assessment**

#### **Cost Report Review and Strategy**

A review of the CAH cost report can be conducted by an outside party to look for common errors in preparation. Because it drives Medicare payments, errors on the cost report directly affect the hospital's bottom line. Errors may include incorrect allocations of expenses and inaccurate statistics, for example. Most cost reports are "outsourced" to accounting firms but understanding direct and indirect costs and how cost reports work is a critical input to making sound decisions for CEOs and chief financial officers (CFOs).

#### Strategic, Financial and Operational Assessments

Strategic, financial, and operational assessments help identify specific opportunities for CAH improvement. These studies provide an objective review of the areas where many CAHs need help, including:

- Matching services to community needs
- Staffing to benchmarks
- Clinic management
- Medical staff planning
- Organizational culture

Assessments are recommended periodically to determine areas of focus for follow-up improvement work.

#### **Revenue Cycle Management**

Reviews and training workshops can help CAHs identify opportunities for improvement and directions on how to implement them. These activities should result in specific recommendations and action plans, which may lead to substantial amounts of additional revenue. Specific areas of focus may include:

- Comprehensive charge master and revenue cycle review
- Business office and patient financial services review
- Development of training protocols for revenue capture
- Implementation of an effective revenue control process
- Pricing analysis
- Recovery Audit Contractor (RAC) preparedness and revenue cycle process improvement
- Revenue process capture audits

#### **Physician Practice Management Assessments**

As more and more physicians align and become employees of CAHs, it is critically important to contract with physicians and operate the clinics according to best practices. A practice management assessment looks at physician and mid-level provider productivity, scheduling, staffing, billing, and collection practices. These assessments should result in specific recommendations and action plans that have the potential to bring in additional revenue and improve clinic efficiency.

#### Education

#### Lean Process Improvement Training

Lean focuses on increasing efficiency and eliminating waste. This creates greater value for customers and uses fewer resources. In the health care setting, Lean processes can result in substantial cost savings, fewer delays, and increased patient and staff satisfaction. Lean education, Lean networks, and shared Lean expertise have all been successfully used by individual CAHs and networks of rural hospitals.

#### **Financial Education for CAH Department Managers**

CAH department managers often lack basic skills in budgeting, financial planning, and financial management. Education targeted specifically to managers can enhance financial capabilities in each of these important skill

areas. This type of financial education has been done successfully with rural hospitals using both on-site workshops and web-based presentations, which are often stored and accessible online.

#### **Financial Education for CAH Boards**

Financial education for CAH Boards provides a fundamental grounding on cost-based reimbursement and CAH financial strategies. Hospital financial management is complex and rural hospital boards need a basic understanding of CAH finances to provided needed oversight. Again, education of this type can be done online via web-based modules and/or onsite.

#### Collaboration

#### Pooling Small Rural Hospital Improvement Grant Program (SHIP) Dollars

Pooling SHIP dollars among a group of CAHs has provided an effective means of providing financial or Lean education to hospital staff and boards. Economies of scale, shared expertise, access to speakers and resources, peer learning, and support have all been reported as outcomes of pooling resources.

#### **Developing CFO Networks**

CFO networks have proven to be a popular method of education, peer learning, and peer support. In more than a dozen states, rural hospital CFOs meet periodically, either in person or virtually, to discuss common issues, gain new skills, and share experiences and techniques.

#### **Benchmarking Financial Indicators**

Benchmarking financial outcomes among groups of hospitals is a common means of measuring performance and comparing results. By collaboratively comparing results, CAHs identify areas of strengths and weaknesses and measure progress toward strategic goals. This collective benchmarking also provides an opportunity for the hospitals to share common issues, best practices and lessons learned. The University of North Carolina-Chapel Hill's distribution of an annual CAH Financial Indicators Report is a useful source for benchmarking, but other information sources are also available.

A subsequent CAH Financial Leadership Summit was held in 2016 to build

upon the knowledge gained from the 2012 Summit. The resulting report, 2016 Financial Leadership Summit Report: Strategies for Rural Hospitals Transitioning to Value-based Purchasing and Population Health, is designed to help rural hospitals leaders meet existing challenges by describing market forces impacting rural hospitals and providing key operational strategies that providers may deploy to overcome these challenges and be successful in alternative payment models. The report highlights success stories and lessons learned that were shared by the panelists during the summit. To view the Summit findings and recommendations, please visit https://www.ruralcenter.org/resource-library/2016-financial-leadershipsummit-report-strategies-for-rural-hospitals.

#### LOOKING AHEAD

Changes in the health care market place are expected to accelerate. The intense focus on the Triple Aim (population health, higher quality, lower cost) will provide important challenges to rural hospitals and their communities. CAHs cannot afford to remain on the sidelines. Instead, CAHs should actively position themselves for the transformed payment systems which will include:

- Emphasis on value over volume
- Quality incentives and penalties
- Overall reductions in revenue

Changes in Medicare and Medicaid payment and delivery systems are anticipated to have the following impact:

- Increased pressure on operating margins caused by payment reductions, both federal and state
- Physician integration will be necessary to support accountable care models
- Capital will be required to implement a sound physician alignment strategy
- Quality will drive reimbursement levels and will become a market differentiator
- Quality reporting will require the development of a more sophisticated infrastructure
- Collaboration and effective alignment with the physician-provider community will be imperative as health care moves away from a volume-based system to a value-based system

As CAHs begin to understand their future value, they will need to look at their economic value in a new world consisting of transitioned payments.

The challenges rural hospitals face are not insurmountable. To meet them head on will require a strong commitment to the communities served, as well as the desire to problem solve and work collaboratively. This commitment, desire, and collaboration are qualities that define rural hospitals and rural leaders. Because they are the lifelines for the residents that they call neighbors, rural hospitals can lead the way in transforming the American health care system. They are smaller, less complex, and therefore, able to change quicker than their urban counterparts. Rural hospitals are also more closely connected to their local communities than their urban counterparts. Transformational change will be difficult and will take time and energy to implement. Rural hospitals must begin now to prepare for the future.

#### CONCLUSION

CAHs must address current financial challenges while preparing for their place in the future US health care system. This paper, a product of the 2012 CAH Financial Leadership Summit meeting, has suggested strategies, resources, indicators, interventions, and information that should be of value to both CAHs and state Flex Programs. It will be important to closely monitor the financial performance of CAHs and to document the outcomes of specific financial improvement interventions. State Flex Programs will be an important resource to support rural hospitals in the anticipated transition to a value-based health system.

#### APPENDIX

#### Example Critical Access Hospital - Balance Sheet

| [Row] |  | 2017       | 2018       | 2019       |
|-------|--|------------|------------|------------|
|       | ASSETS                                 |            |            |            |
|       | Current Assets:                        |            |            |            |
| А     | Cash and Temporary Investments         | 1,120,000  | 1,280,000  | 1,831,000  |
| В     | Patient Accounts Receivable, Gross     | 1,001,000  | 1,012,000  | 993,000    |
| С     | Less: Provision for Doubtful Accounts  | -230,000   | -210,000   | -215,000   |
|       | Other Accounts Receivable              | -          | 24,000     | 24,000     |
|       | Supplies                               | 162,000    | 169,000    | 169,000    |
|       | Other Current Assets                   | 68,000     | 57,000     | 57,000     |
| D     | Total Current Assets                   | 2,121,000  | 2,332,000  | 2,859,000  |
|       | Property, Plant & Equipment:           | 2,663,000  | 2,612,000  | 2,712,000  |
| Е     | Less: Accumulated Depreciation         | -1,874,000 | -1,755,000 | -1,896,000 |
| _     | Net Fixed Assets                       | 789,000    | 857,000    | 816,000    |
|       |  |            |            |            |
| F     | TOTAL ASSETS                           | 2,910,000  | 3,189,000  | 3,675,000  |
|       |  |            |            |            |
|       | LIABILITIES & NET ASSETS               |            |            |            |
|       | Current Liabilities:                   |            |            |            |
| G     | Current Portion of Long Term Debt      | 144,000    | 89,000     | 49,000     |
| Н     | Accounts Payable & Accrued Liabilities | 115,000    | 148,000    | 158,000    |
|       | Estimated Amounts Due to Third Party   | 260,000    | 226,000    | 226,000    |
| Ι     | Other Current Liabilities              | 370,000    | 370,000    | 370,000    |
| J     | Total Current Liabilities              | 889,000    | 833,000    | 803,000    |
| К     | Long Term Debt, Net of Current Portion | 186,000    | 183,000    | 178,000    |
| L     | TOTAL LIABILITIES                      | 1,075,000  | 1,016,000  | 981,000    |
|       | -                                      | ,,         | 11         | /          |
|       | NET ASSETS                             |            |            |            |
| М     | Accumulated Earnings (Deficit)         | 1,835,000  | 2,173,000  | 2,694,000  |
|       | TOTAL LIABILITIES & NET ASSETS         | 2,910,000  | 3,189,000  | 3,675,000  |

#### Example Critical Access Hospital – Statement of Operations

| [Row] |   | 2017       | 2018       | 2019       |
|-------|---|------------|------------|------------|
|       | REVENUE                                     |            |            |            |
| Ν     | Total Inpatient Revenue                     | 2,402,000  | 2,445,000  | 2,471,000  |
| 0     | Total Outpatient Revenue                    | 3,993,000  | 4,015,000  | 4,032,000  |
| Р     | Total Gross Revenue                         | 6,395,000  | 6,460,000  | 6,503,000  |
|       | Less: Contractual Allowances                | -1,200,000 | -1,130,000 | -1,115,000 |
| Q     | Net Patient Revenue                         | 5,195,000  | 5,330,000  | 5,388,000  |
|       | Other Operating Revenue                     | 486,000    | 427,000    | 492,000    |
| R     | Total Operating Revenue                     | 5,681,000  | 5,757,000  | 5,880,000  |
|       |   |            |            |            |
|       | Gain (Loss) on PP&E Disposal                | -2,000     | -3,000     | -          |
|       | Contributions/Grants                        | 65,000     | 69,000     | 77,000     |
|       | Investment Income                           | 8,000      | 11,000     | 19,000     |
| S     | Total Revenue                               | 5,752,000  | 5,834,000  | 5,976,000  |
|       |   |            |            |            |
|       | EXPENSES                                    |            |            |            |
| Т     | Salaries                                    | 2,895,000  | 2,908,000  | 2,958,000  |
|       | Benefits, Supplies & Other                  | 2,434,000  | 2,497,000  | 2,509,000  |
| U     | Depreciation & Amortization                 | 229,000    | 218,000    | 211,000    |
| V     | Interest                                    | 28,000     | 17,000     | 13,000     |
| W     | Provision for Doubtful Accounts/Bad<br>Debt | 102,000    | 107,000    | 126,000    |
| Х     | Total Expenses                              | 5,688,000  | 5,747,000  | 5,817,000  |
| Y     | EXCESS OF REVENUES OVER EXPENSES            | 64,000     | 87,000     | 159,000    |
|       | Restricted Contributions                    | -          | -          | -          |
| Z     | CHANGE IN NET ASSETS                        | 64,000     | 87,000     | 159,000    |

#### Example Critical Access Hospital – Statement of Cash Flows

| [Row] |   | 2017      | 2018      | 2019      |
|-------|---|-----------|-----------|-----------|
|       | CASH FLOWS FROM OPERATING ACTIVITIES        |           |           |           |
|       | Change in Net Assets                        | 522,000   | 547,000   | 542,000   |
|       | Adjustments to reconcile change in net cash |           |           |           |
|       | provided by operating activities:           | 246,000   | 459,000   | -210,000  |
|       | Purchase of Other Assets                    | -3,000    | -6,000    | -         |
|       | Other Current Liabilities                   | 34,000    | -         |           |
|       | Net Cash Provided by Operating Activities   | 799,000   | 1,000,000 | 332,000   |
|       | CASH FLOWS FROM FINANCING ACTIVITIES        |           |           |           |
|       |   | 100.000   | 145 000   | 00.000    |
| AA    | Repayment of Debt                           | -169,000  | -145,000  | -90,000   |
|       | Purchase of PP&E                            | -63,000   | -189,000  | -100,000  |
| BB    | Interest Paid on Long Term Debt             | -28,000   | -17,000   | -10,000   |
|       | Gifts to Purchase Capital Assets            | 46,000    | -         | -         |
|       | Net Cash Used by Investing Activities       | -214,000  | -351,000  | -200,000  |
|       |   |           |           |           |
|       | CASH FLOWS FROM INVESTING ACTIVITIES        |           |           |           |
|       | Interest and Dividends on Investments       | 8,000     | 11,000    | 19,000    |
|       | Net Cash Used by Investing Activities       | 8,000     | 11,000    | 19,000    |
|       |   |           |           |           |
|       | NET INCREASE (DECREASE) IN CASH             | 593,000   | 660,000   | 151,000   |
|       |   |           |           |           |
|       | CASH, BEGINNING OF YEAR                     | 527,000   | 1,120,000 | 1,178,000 |
|       |   |           |           |           |
|       | CASH, END OF YEAR                           | 1,120,000 | 1,780,000 | 1,931,000 |